

Re: selection criteria for obesity

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"firstjois" <firstjoisyike@hotmail.com> says in
news:y7OdnXjCEbWeX0zcRVn-oQ@comcast.com:

> *Charles wrote:*

> *"firstjois" <firstjoisyike@hotmail.com> wrote in message*

> *Rich Travsky wrote:*

>>> *Charles wrote:*

> *[snip]*

>

>>> *Obesity is today one of the major reasons for C-sections.*

>>> *Would*

>>> *being obese and in childbirth 20,000 ya select-out a large*

>>> *portion of pregnant women so afflicted?*

>>> *warmest*

>>> *charles*

>>>

> *Charles! One of the major reasons for C-sections today is fear*

> *of lawsuits! It may now be the #1 reason, too.*

That may be the direct reason, but the indirect reason is that most american women are in poor cardiovascular health and the uterus is a big fat smooth muscle waiting for oxygen to supply it. Most women in good health have a widening of the pelvis associated with a healthy pregnancy. When the Uterus is working properly that baby going go flying out with a minimal amount of risk to the mother. The risk factors to women in 3rd world countries are different from mothers, and include vitamin deficiencies, malnutrition, and diseases and parasites. Provided these are taken care of natural childbirth is not that risky. American women make it more risky because of their poor health habits.

How come so many women of today spend the last 3 months of thier pregnancy on thier backside? You go over to asia and the women are working in the feilds, I'de actually like to see a comparative statistic between the length of labor in american women undergoing natural childbirth and women in intensely agrarian societies were women are expected to spend a fair amount of time in the feilds.

Also'd like to see a comparative statistic of prenatal diabetes,

and post delivery complications.

On the issue of obesity. Obesity is a problem because.

1. It can cause dangerous diabetes (Causal)
2. It reflects poor cardiovascular health.

If a woman is 'heavy' BUT she works out and has a good midbody lower body routine. An important measure would be an ability to sustain a long run, how she performs after 1 minute of running. This would be an indicator of how much vascularization there is in 'slow' muscle and reflects vascularization of the Uterus. During childbirth the complimentation between lung, vascularization of the Uterus and heart performance pays off big time during labor.

Therefore Obesity is a risk factor but its not necessarily a cause of increased risk at childbirth. I would put a healthy hardworking obese woman in against a skinny video game playing anorexic in the delivery room anyway and I would expect the heavy woman to birth first.

On the flipside there are not many obese women that have these habits. I do know a female, hispanic, she has a BMI of 40 or so, she works as a cook and she is active most of the day. She recently gave birth, natural, 1.5 hour labor, she spent 2 weeks in recovery and went back to work.

Poor cardiovascular conditioning is a partial cause of Obesity
Poor cardiovascular conditioning is a partial cause of problem deliveries

But,

Obesity does not partial cause for delivery.

As a matter of fact, and obese women who has a problem pregnancy can feed her baby off of fat stores if recovery calls for restrictive feeding, after the childbirth they make better mothers.

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Philip

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____ Groups ____

- Mol Anthro <http://groups.yahoo.com/group/DNAanthro/>
- Pal Anthro <http://groups.yahoo.com/group/Paleoanthro/>
- Arch. Aux <http://groups.yahoo.com/group/sciarchauxilliary/>
- Gliadin Sci <http://health.groups.yahoo.com/group/GliadinScience/>

____ Sites ____

- Mol. Evol. Hominids <http://home.att.net/~DNAPaleoAnth/>
- Evol. of Xchrom. <http://home.att.net/~DNAPaleoAnth/xlinked.htm>