

Re: India: Three Year Old Runs Marathon Distances

Source: <http://sci.tech--archive.net/Archive/sci.anthropology.paleo/2005-11/msg00653.html>

- *From:* "Jois" <firstjois@xxxxxxxxxxxxx>
 - *Date:* Mon, 14 Nov 2005 23:32:44 -0500
-

"deowl" <deowl@xxxxxxxxxxxxx> wrote in message

[news:cNcef.5545\\$f 2.1885@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx](mailto:news:cNcef.5545$f 2.1885@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx)

>

> "rmacfarl" <rmacfarl@xxxxxxxxxxxxxxxxxxxx> wrote in message

> news:1131934509.530387.207960@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

>>

>> barry@xxxxxxxxxxxxx wrote:

>>> Philip Deitiker wrote:

>>>

>>> > Russia Roulette is more dangerous than filling all the chambers with

>>> > bullets and firing, of course, for some people.

>>>

>>> The average kid who drinks and eats an average amount of junk will

>>> probably end up like the average adult. That's better than Russian

>>> roulette. That kid is sure to need artificial joints if he keeps this

>>> up all his life. If he's lucky, that's the worst that will happen to

>>> him. I don't even think jogging is good for adults, especially marathon

>>> running.

>>

>> As far as the kid's concerned, I agree with you. It can't be good.

>> Short of Type II diabetes, the prospects for long-term chronic illness

>> (that can't be cured by a change of lifestyle) from childhood obesity

>> are less than the arthritis and permanent harm to his growth &

>> development. This isn't a story to be celebrated...

>>

>> Ross Macfarlane

>>

>

> After due thought I don't know what happens to a kid that does this. It is

> easy to make assumptions but I have doubts about his mass being enough to

> cause damage to his growth plates nor would the stress being placed on his

> joints be anywhere near what it would be for a being with more mass such

> as

> an adult. I doubt if an early sapiens would have been bothered by this but

I

> consider modern humans to be physically degenerate.

>

Re: India: Three Year Old Runs Marathon Distances

- > High levels of exercise with restricted calories does stunt growth but this
- > kid may be eating all he wants thanks to the money he's making. Is anyone
- > speaking from data as opposed to opinion?
- >

The kind of data both orthopedic and pediatric aren't easy to find on the internet, it is the kind of thing you find out about after the injury occurs and you get to see the specialist. Then you find out how often this kind of thing happens and so on.

See:

http://www.findarticles.com/p/articles/mi_m0816/is_1_17/ai_65537456

<http://healthlink.mcw.edu/article/926048658.html>

<http://www.uphs.upenn.edu/ortho/oj/1998/oj11sp98p36.html>

I think these kinds of problems would show up before you needed to worry about diabetes.

Jois

• *Follow-Ups:*

- ◆ ***Re: India: Three Year Old Runs Marathon Distances***
◇ *From:* spiznet

• *References:*

- ◆ ***India: Three Year Old Runs Marathon Distances***
◇ *From:* Rich Travsky
- ◆ ***Re: India: Three Year Old Runs Marathon Distances***
◇ *From:* Philip Deitiker
- ◆ ***Re: India: Three Year Old Runs Marathon Distances***
◇ *From:* Philip Deitiker
- ◆ ***Re: India: Three Year Old Runs Marathon Distances***
◇ *From:* barry
- ◆ ***Re: India: Three Year Old Runs Marathon Distances***
◇ *From:* rmacfarl
- ◆ ***Re: India: Three Year Old Runs Marathon Distances***
◇ *From:* deowll

- Prev by Date: ***Re: India: Three Year Old Runs Marathon Distances***
- Next by Date: ***Re: Move over Piltown, here comes AAH***
- Previous by thread: ***Re: India: Three Year Old Runs Marathon Distances***
- Next by thread: ***Re: India: Three Year Old Runs Marathon Distances***

Re: India: Three Year Old Runs Marathon Distances

- Index(es):

- ◆ *Date*

- ◆ *Thread*