

Re: India: Three Year Old Runs Marathon Distances

Source: <http://sci.tech-archive.net/Archive/sci.anthropology.paleo/2005-11/msg00654.html>

- *From:* "deowll" <deowll@xxxxxxxxxxxxxx>
 - *Date:* Mon, 14 Nov 2005 21:43:18 -0600
-

"rmacfarl" <rmacfarl@xxxxxxxxxxxxxx> wrote in message
news:1131934509.530387.207960@xx

>
> barry@xxxxxxxxxxxxxx wrote:
>> Philip Deitiker wrote:
>>
>>> Russia Roulette is more dangerous than filling all the chambers with
>>> bullets and firing, of course, for some people.
>>
>> The average kid who drinks and eats an average amount of junk will
>> probably end up like the average adult. That's better than Russian
>> roulette. That kid is sure to need artificial joints if he keeps this
>> up all his life. If he's lucky, that's the worst that will happen to
>> him. I don't even think jogging is good for adults, especially marathon
>> running.
>
> As far as the kid's concerned, I agree with you. It can't be good.
> Short of Type II diabetes, the prospects for long-term chronic illness
> (that can't be cured by a change of lifestyle) from childhood obesity
> are less than the arthritis and permanent harm to his growth &
> development. This isn't a story to be celebrated...
>
> Ross Macfarlane
>

After due thought I don't know what happens to a kid that does this. It is easy to make assumptions but I have doubts about his mass being enough to cause damage to his growth plates nor would the stress being placed on his joints be anywhere near what it would be for a being with more mass such as an adult. I doubt if an early sapiens would have been bothered by this but I consider modern humans to be physically degenerate.

High levels of exercise with restricted calories does stunt growth but this kid may be eating all he wants thanks to the money he's making. Is anyone speaking from data as opposed to opinion?

- *Follow-Ups:*
 - ◆ **Re: India: Three Year Old Runs Marathon Distances**
 - ◇ *From:* Jois

- *References:*
 - ◆ **India: Three Year Old Runs Marathon Distances**
 - ◇ *From:* Rich Travsky
 - ◆ **Re: India: Three Year Old Runs Marathon Distances**
 - ◇ *From:* Philip Deitiker
 - ◆ **Re: India: Three Year Old Runs Marathon Distances**
 - ◇ *From:* Philip Deitiker
 - ◆ **Re: India: Three Year Old Runs Marathon Distances**
 - ◇ *From:* barry
 - ◆ **Re: India: Three Year Old Runs Marathon Distances**
 - ◇ *From:* rmacfarl

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