

Re: India: Three Year Old Runs Marathon Distances

Source: <http://sci.tech-archive.net/Archive/sci.anthropology.paleo/2005-11/msg00989.html>

- *From:* "deowll" <deowll@xxxxxxxxxxxxxx>
 - *Date:* Wed, 23 Nov 2005 10:37:55 -0600
-

"Jois" <firstjois@xxxxxxxxxxxxxx> wrote in message
news:Zv-dncqII-uyNR_enZ2dnUVZ_tednZ2d@xxxxxxxxxxxxxx
>
> "deowll" <deowll@xxxxxxxxxxxxxx> wrote in message
> [news:Dvwgf.49265\\$XK1.32903@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx](mailto:news:Dvwgf.49265$XK1.32903@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx)
>>
>> "Jois" <firstjois@xxxxxxxxxxxxxx> wrote in message
>> news:aqudnWbI4OYofOLenZ2dnUVZ_smdnZ2d@xxxxxxxxxxxxxx
>> >
>> > "deowll" <deowll@xxxxxxxxxxxxxx> wrote in message
>> > [news:7Ycff.22278\\$XK1.11458@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx](mailto:news:7Ycff.22278$XK1.11458@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx)
>> >>
>> >> "Su Solomon" <susol@xxxxxxxxxxxxxx> wrote in message
>> >> news:BFA2E740.1086%susol@xxxxxxxxxxxxxxxxxxxxxx
>> >> > On 17/11/05 2:25 AM, in article Xns97105FDF63C0prd@xxxxxxxxxxxxxx,
>> >> > "Philip
>> >> > Deitiker" <Nopdeitik@xxxxxxxxxxxxxx> wrote:
>> >> >>
>> >> >> In sci.anthropology.paleo, deowll created a message ID
>> >> >> [news:yNvef.1257\\$cd1.1223@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx](mailto:news:yNvef.1257$cd1.1223@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx):
>> >> >>>
>> >> >>> This feature has not be totally removed from Hss. The normal
>> >> >>> age for puberty
>> >> >>> in girls seems to be somewhere between 8 and 16!
>> >> >>>
>> >> >>> Only because we inject hormones into chicken and we over feed
>> >> >>> our kids.
>> >> >>>
>> >> >>> Correction.
>> >> >>>
>> >> >>> This generation: overfeeds and under-exercises their little
>> >> >>> darlings.
>> >> >>>
>> >> >>> No hormone additives are allowed in Australian livestock for human
>> >> >>> consumption and, we are, like you in the USA, experiencing an
>> >> >>> upswing
>> >> >>> in

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>>>> obese kiddies and a lowering of the age at first menarche.
>>>>
>>>>
>>>> That doesn't clear things up for me. A skinny red head in the fifth
> grade
>>>> angrily told me she hit puberty at 9 when I repeated what the Health
> book
>>>> of
>>>> the time said about hitting it at about 11. She was 10 or 11 at the
> time.
>>>> After that I did a little reading. I don't think the kid needs to be
> fat
>>>> nor
>>>> flabby. It may be enough that they don't have to work hard and get a
>>>> balanced diet but some of it is certainly genetic.
>>>>
>>>> [snip]
>>>>
>>>> Again, that is variation. There are studies that attach a certain
> weight
>>>> to
>>>> menarche, 93 lbs maybe or 103 lbs? Doesn't have to be flabby or a fat
>>>> kid,
>>>> just one who is well fed. Certainly the process has to have a genetic
>>>> component.
>>>>
>>>> Jois
>>>>
>>>>
>>>> On this kid it would have been more like 65 at age 9.
>>>>
>>>> That has got to be unusual. Particularly since red-heads are usually
>>>> found
>>>> in north western Europe and should be taller and thinner – 65 lbs is
>>>> bitsy.
>>>>
>>>> Jois
>>>>
>>>>
>>>> She was skinny as a kid and about average for her height. A lot of girls
>>>> are.

Her size and weight wasn't out of line for a nine year old. May have guessed high on the weight. Of course we do have one kid now that looks to be about 5 feet tall with a medium build in the second grade and about 8. I asked her if daddy was taller than me and she said no mama was. I'm six feet. I hope she likes volley ball and basketball. ?8^) Go team go!

93 to 100 pounds and about 5 ft is about right for a fifth to sixth grader. It isn't all that uncommon for 9 and 10 year olds or about 4th grade. I'm leaving plump out of this. Fat makes estrogen so that has its own answer.

Maybe its just normal random variation or maybe the psudo estrogene is getting to some of them. As long as they are healthy and society can protect them from predators I guess it isn't to bad but I honestly think that girls are better off if they hit puberty a little late than early.

Need to get ready and go eat a trukey or what ever!

• **References:**

- ◆ **India: Three Year Old Runs Marathon Distances**
◇ From: Rich Travsky
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: Philip Deitiker
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: Philip Deitiker
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: barry
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: rmacfarl
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: deowll
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: Jois
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: spiznet
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: Philip Deitiker
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: deowll
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: Philip Deitiker
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: Su Solomon
- ◆ **Re: India: Three Year Old Runs Marathon Distances**
◇ From: deowll
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◇ From: Jois

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