

# Faster Than A Hyena?

---

*Source:* <http://sci.tech-archive.net/Archive/sci.anthropology.paleo/2008-02/msg00731.html>

---

- *From:* Lee Olsen <[paleocity@xxxxxxxxxxx](mailto:paleocity@xxxxxxxxxxx)>
  - *Date:* Tue, 19 Feb 2008 17:37:01 -0800 (PST)
- 

<http://tinyurl.com/2n8y2n>

Carl Zimmer, Science Novemer 19, 2004

Faster Than A Hyena?

"It may come as a surprise to hear that humans excel in running. Obviously, a leopard can leave us in the dust in a short sprint. But over longer distances leopards and most other mammals flag. "Most mammals can't sustain a gallop over 10 to 15 minutes," says Lieberman. Humans, on the other hand, can continue running for hours while using relatively little energy. "Humans are phenomenal endurance runners, in terms of speed, cost, and distance," says Lieberman. You can actually outrun a pony easily." And yet, he points out, "no other primates out there endurance run."

.