

Re: Today I had strange nightmare.

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- *From:* D from BC <[myrealaddress@xxxxxxxxxx](mailto:myrealaddress@xxxxxxxxxx)>
  - *Date:* Thu, 31 Jan 2008 17:10:42 -0800
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On Thu, 31 Jan 2008 19:49:50 GMT, Rich Grise <[rich@xxxxxxxxxxxxx](mailto:rich@xxxxxxxxxxxxx)> wrote:

On Wed, 30 Jan 2008 18:57:06 -0800, D from BC wrote:

Damn...That's just wack. :P

Learn how to lucid dream.

[http://en.wikipedia.org/wiki/Lucid\\_dreaming](http://en.wikipedia.org/wiki/Lucid_dreaming)

What I'd call a nightmare is when I realize I'm dreaming and can do anything I want to, but the hot babes won't cooperate. )-;

Sometimes if I'm not sure if I'm dreaming, I'll try to levitate.

I wonder if that would work in a "lucid" dream? ;-)

Cheers!

Rich

It's possible.

I try to control the colours of objects.

Question is: Are you dreaming that you are in control or are you actually in control?

D from BC  
British Columbia  
Canada.

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