

Re: OT: Better sleep with colored LEDs?

Re: OT: Better sleep with colored LEDs?

Source: <http://sci.tech-archive.net/Archive/sci.electronics.design/2009-02/msg02621.html>

- *From:* "Michael A. Terrell" <mike.terrell@xxxxxxxxxxxxxx>
 - *Date:* Fri, 13 Feb 2009 23:31:37 -0500
-

"miso@xxxxxxxx" wrote:

On Feb 12, 1:40 pm, Tim Williams <tmoran...@xxxxxxxx> wrote:

On Feb 12, 12:08 pm, Jan Panteltje <pNaonStpealm...@xxxxxxxx> wrote:

Better sleep with colored LEDs?

I put the LED strips in the bedroom, and selected real nice
purple pink color
red 255

http://webpages.charter.net/dawill/Images/Red_Room.jpg

I can go to sleep with my red/red-orange strings on low (pictured:
full power at home) but I prefer it dark anyway.

Tim

I thought I was the last person on the planet using a CRT.

Not yet. I gave away five today to different people, and more are
supposed to be picked up tomorrow. It was time to thin the herd a
little.

--

<http://improve-usenet.org/index.html>

aioe.org, Goggle Groups, and Web TV users must request to be white
listed, or I will not see your messages.

Re: OT: Better sleep with colored LEDs?

Re: OT: Better sleep with colored LEDs?

If you have broadband, your ISP may have a NNTP news server included in your account: <http://www.usenettools.net/ISP.htm>

There are two kinds of people on this earth:
The crazy, and the insane.
The first sign of insanity is denying that you're crazy.

.