

# Re: Sony GDM-FW900

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*Source:* <http://sci.tech-archive.net/Archive/sci.electronics.repair/2005-05/msg00742.html>

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- *From:* Andy Cuffe <[baltimora@xxxxxxx](mailto:baltimora@xxxxxxx)>
  - *Date:* Fri, 13 May 2005 00:04:22 -0400
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On Fri, 13 May 2005 00:50:09 GMT, "Rick" <[nospam@xxxxxxxxxxxxxx](mailto:nospam@xxxxxxxxxxxxxx)> wrote:

>  
>Also, just fyi, sleep mode is brutal on monitors (both CRTs  
>and LCDs) and significantly reduces their lifespans. Stick  
>with just a screen saver instead.  
>

What makes you say that? All modern monitors I've seen just turn themselves off when in sleep mode. It's no more stressful than pressing the power button. The worst thing you can do is run them 24/7. Sure, the total number of hours they last may be more, but that's meaningless when most of those hours are wasted. Just don't set it to go to sleep after such a short time that it's constantly being turned off and on all day. Also, think about all the power wasted by millions of monitors displaying flying toasters for 16 hours a day.

Andy Cuffe

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• *Follow-Ups:*

- ◆ [Re: Sony GDM-FW900](#)  
◇ *From:* Rick

• *References:*

- ◆ [Sony GDM-FW900](#)  
◇ *From:* JDW
- ◆ [Re: Sony GDM-FW900](#)  
◇ *From:* Rick

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