

Re: I'm bored with the process of studying

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- *From:* Tonic <Tonicopm@xxxxxxxxxx>
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On Jun 4, 9:57 am, Albert <albert.xtheunkno...@xxxxxxxxxx> wrote:

I remember last year that on the weekend I was able to study almost 4 hours continuously, with very little numbers of breaks and retain a LOT of information despite what research. I mean, I was rewarded by getting straight A+'s!

Right now, I've got exams and I'm just not motivated. The subjects are all very interesting. I'd love to learn more and go into greater detail into them. But classes for those subjects are OVER. Now it's just studying what we've LEARN'T.

What I don't understand is, if I'm so interested in these subjects, why can't I just sit down and make sure that I am able to regurgitate everything learnt onto the exam paper?

I'm just bored with the process of studying. It doesn't matter how frequently my study periods are (every 15 minutes with a 5 minute break, every 45 minutes with a 15 minute break), I just can't get attached to the process of studying.

It doesn't make any sense! Last year I despised geography, but I studied so hard at it though I was so reluctant to do it without any motivation from my parents and I managed to get an A+ in it! Now, with all my favourite subjects, I just can't get stuck into it! Why, Why , WWWHHHHHHHHYY?

I mean, I know how to memorise information. And I can do it without any rote learning whatsoever. That's right. I can just stare at a fact and memorise it. Spit it out anytime anyone asks me a question on it. BUT I CURRENTLY DON'T WANT TO! Why?

By the way, the subjects are by no means easy. Yeah, I did terrific in the topic tests, but I am just so bored of studying for their exams. I really don't get it.

What can I do to get out of this situation? It's really not fair.

Re: I'm bored with the process of studying

I will recommend you a method of study that worked wonders for me, in undergraduate, graduate and research studies: teach yourself.

I mean, you can do it either in your head or else writing at some blackboard you may have in your house, but teach yourself as you'd teach a classroom. Go through the details, explain to your imaginary students why this and that, demonstrate this lemma, go deep into that little issue, etc.

Now, if you're really not deeply in love with most of what you study, then it'll be pretty hard, imo, that you'll succeed and, in any case, you won't enjoy, and that's bad: to do maths without loving maths is, I believe, one of the worst punishments one can ever get.

And do NOT worry if it is hard: as long as it is more beautiful and mind-absorbing than hard, you're just fine.

Regards and good luck.
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