

Re: 1 IN 3 U.S. ADULTS NOW HAS HIGH BLOOD PRESSURE

Source: <http://sci.tech-archive.net/Archive/sci.med.cardiology/2005-01/0382.html>

From: Anth (anon_at_anon.com)

Date: 01/08/05

Date: Sat, 8 Jan 2005 17:31:46 -0000

Doesn't this reflect the fact that 1 in 2 people end up with heart disease to some degree or another?

Anth

"Dr. Jai Maharaj" <usenet@mantra.com> wrote in message
news:KauJe8780AjSVe@yEB...

> *1 IN 3 U.S. ADULTS NOW HAS HIGH BLOOD PRESSURE*

>

> *Forwarded message from Fidyl <fidyl@yahoo.com>*

>

> [*Subject: One in 3 U.S. adults now have high blood pressure*]

> [*From: Fidyl <fidyl@yahoo.com>*]

> [*Date: Tue, 4 Jan 2005*]

>

> *One in 3 U.S. adults now have high blood pressure; up 30% over the
> past decade*

>

> *By Mike Adams*

> *Tuesday, January 4, 2005*

>

> <http://www.newstarget.com/002711.html>

>

> *New health statistics from the government reveal that high blood
> pressure has climbed 30% over the past decade. The report says that
> Americans are getting older and fatter and that's causing the number
> of adults with high blood pressure to rise.*

>

> *I love the intelligence of researchers who make such obvious
> statements as, 'Americans are getting older.' Of course Americans are
> getting older. Are there people from any other countries who are
> getting younger? Of course, what the researchers are really talking
> about is the age wave in America. They're saying that the demographic
> curve (the baby boomers "hump") is shifting towards old age, so
> there's a greater percentage of the population older today than 10
> years ago.*

>

- > *But that doesn't account for high blood pressure. There's nothing*
- > *pre-programmed in the human genome that says as people get old they*
- > *automatically get fat and have high blood pressure. To say that*
- > *Americans are being diagnosed with high blood pressure simply because*
- > *they are chronologically aging is truly junk science. They're getting*
- > *high blood pressure because their diets are getting worse and they're*
- > *avoiding physical exercise. It's happening because people are eating*
- > *more processed foods and they're being dosed up with more*
- > *prescription drugs that actually cause destructive side effects in*
- > *their bodies.*
- >
- > *Of course, it is true that Americans are getting fatter, and it's no*
- > *secret why. The average American purchases apparent weight loss*
- > *products like SlimFast, which has more sugar in it than the*
- > *circulating blood of a 14-year-old ADHD child. When people go out and*
- > *buy so-called diet products that have table sugar as their primary*
- > *ingredient, and when these products somehow manage to achieve*
- > *priority placement on the shelves of grocery stores and retailers*
- > *like Walgreen's, it's downright amazing that the whole country isn't*
- > *overweight. We're not far from it, actually: 66% of the adult*
- > *population has already reached that status.*
- >
- > *But finally, we get some sanity on this from Dr. Daniel Jones, Dean*
- > *of the School of Medicine for the University of Mississippi Medical*
- > *Center who says, "The big message to the American public is that we*
- > *need to pay attention to our lifestyle, and those that are overweight*
- > *need to get slimmer." He may have borrowed that quote, by the way,*
- > *from the football coach at the University of Mississippi who once*
- > *said, "We need to move the ball down the field..." -- obviously*
- > *highly complex football strategy.*
- >
- > *Well of course we all need to get slimmer. But the real issue is that*
- > *we all need to stop talking in circular logic here. We need people in*
- > *the medical community to start addressing the real cause of chronic*
- > *disease, which almost always comes down to diet and physical*
- > *exercise. It's basically just food, exercise and whether or not you*
- > *can manage to avoid environmental toxins. But yet, in the medical*
- > *community, you almost never hear diseases described in such terms.*
- > *Rather, they're busy announcing the latest finding of what gene has a*
- > *1% influence on the risks for heart disease or obesity or diabetes.*
- >
- > *And besides, did it really take a government-funded research project*
- > *to realize that the people in our nation are getting fatter and have*
- > *higher blood pressure? I figured this out one day just by walking*
- > *through the Denver Airport. All you have to do is basically look at*
- > *the people walking around and you can reach the same conclusion the*
- > *government did without spending \$5 million on federally funded*
- > *research.*
- >
- > *So now that 1 in 3 American adults have blood pressure, what are the*
- > *other two doing? One of those two is busy filling out paperwork for*

- > *the Medicare drug discount card which reportedly requires 500 pages,*
- > *and the other person is working sixteen-hour days to generate enough*
- > *tax revenues to pay for the overpriced healthcare of the first*
- > *person.*
- >
- > *This, friends, is called, "The best health care in the world!" Only*
- > *by naive Americans, of course. Everybody else knows the U.S. health*
- > *care system is the laughing stock of the international community.*
- >
- > *End of forwarded message from Fidyl <fidyl@yahoo.com>*
- >
- > *Jai Maharaj*
- > *<http://www.mantra.com/jai>*
- > *Om Shanti*
- >
- > *Hindu Holocaust Museum*
- > *<http://www.mantra.com/holocaust>*
- >
- > *Hindu life, principles, spirituality and philosophy*
- > *<http://www.hindu.org>*
- > *<http://www.hindunet.org>*
- >
- > *The truth about Islam and Muslims*
- > *<http://www.flex.com/~jai/satyamevjayate>*
- >
- > *The terrorist mission of Jesus stated in the Christian bible:*
- >
- > *"Think not that I am come to send peace on earth: I came not so send*
- > *peace, but a sword.*
- > *"For I am come to set a man at variance against his father, and the*
- > *daughter against her mother, and the daughter in law against her mother in*
- > *law.*
- > *"And a man's foes shall be they of his own household.*
- > *– Matthew 10:34–36.*
- >
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