

## Re: Splitting Crestor

**Source:** <http://sci.tech-archive.net/Archive/sci.med.cardiology/2005-02/0425.html>

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**From:** Sharon Hope (*shope\_at\_anet.net*)

**Date:** 02/10/05

Date: Wed, 9 Feb 2005 22:00:54 -0800

"George" <george@nowhere.com> wrote in message  
news:dtol0116fpqg3la7mbu0jn2e8ial9ht9h3@4ax.com...  
> *On Thu, 10 Feb 2005 02:05:49 GMT, Jim Chinnis*  
> *<jchinnis@SPAMalum.mit.edu> wrote:*  
>  
>>*You might want to have a "VAP" test or something similar done. What I mean*  
>>*is*  
>>*that you might want to determine your LDL particle size distribution and*  
>>*the*  
>>*amount of lipoprotein a, Lp(a). If both of those are good, all the more*  
>>*reason*  
>>*to drop the statin.*  
>  
>  
> *Jim since I am seeing my GP at the end of the month I will ask about*  
> *these tests. I will already have the standard cholesterol test*  
> *results since I get all my bloodwork done before I see him. I do not*  
> *know if these tests are available in Canada though.*  
>  
> *As far as the 60-75% stuff we were talking about I still think he*  
> *meant those who stopped statin treatment did so due to side effects.*  
> *It seems impossible to assume that he meant that 60-75% of all*  
> *patients stopped since it is well established that only a small*  
> *percentage of the population taking statins have any side effects at*  
> *all.*

Sorry, that is definitely not well established.

Doctors are typically woefully uninformed. I am, for example, contacted almost weekly by worried spouses whose husbands have suffered memory loss on statins, and have had the doctor adamantly deny that there could be any possibility that the statins were involved.

Since there is such denial, the percentage claimed is completely bogus. Indeed, one published study that included statins listed brain hemorrhage as an "unrelated mortality" when that was a known result in dogs in early testing, and is listed on the PI.

If you don't look for something it is often not found.

Another major reason for discontinuing statins after 2 years or more is that the patient begins to forget to take the statin. The memory loss typically is not recognized by the physician as related to the statin.