

sci.med.cardiology: Re: What exercise, vitamins, or food needed for diabetes/cardio risk individual?

## Re: What exercise, vitamins, or food needed for diabetes/cardio risk individual?

*Source:* <http://sci.tech-archive.net/Archive/sci.med.cardiology/2005-02/1019.html>

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*From:* Andrew B. Chung, MD/PhD ([andrew\\_at\\_heartmdphd.com](mailto:andrew_at_heartmdphd.com))

*Date:* 02/16/05

Date: Wed, 16 Feb 2005 01:29:26 -0500

Sorry my choice to be openly Christian bothers you.

Again, Lord Christ teaches from Matthew 5:

11 Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. 12 Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

You will remain in my prayers, dear neighbor, whom I love, in Lord Christ's holy name.

May you accept Him as your personal Lord and Savior, someday, so that you too will have eternal life and the unimaginable riches of His everlasting kingdom.

Here's how:

<http://makeashorterlink.com/?I22222129>

Please note that God truly made this special link describing that He is the great "I am" and that His message is as simple as the number 2 which is a number between 1 to 9 and reminds us of His 2 commandments, the 2 arms of the cross, the 2nd part of the Trinity, the 2 finger sign of the Prince of Peace [who remains \*V\*ictorious over death and satan], and the 2PD Approach. Let it not ever be written that Christ did not make His presence known here on Usenet :-)

Also, note that Exodus 16:16 continues to remind us that 16 oz plus 16 oz makes 2 pounds, which is "a certain measure of weight," which is what "omer" literally means in Hebrew.

Enter the 2PD-OMER Approach:

<http://www.heartmdphd.com/wtloss.asp>

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At His service,

Andrew

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Andrew B. Chung, MD/PhD  
Board-Certified Cardiologist

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Suggested Reading:

- (1) <http://makeashorterlink.com/?L26062048>
- (2) <http://makeashorterlink.com/?O2F325D1A>
- (3) <http://makeashorterlink.com/?X1C62661A>
- (4) <http://makeashorterlink.com/?U1E13130A>
- (5) <http://makeashorterlink.com/?K6F72510A>
- (6) <http://makeashorterlink.com/?I24E5151A>
- (7) <http://makeashorterlink.com/?I22222129>

Socialism is a Mental Disease wrote:

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> On 15 Feb 2005 08:46:23 -0800, "Henry" <smcx1@yahoo.com> wrote:

> >

> >> FWIW, if you google Andrew Chung, you'll find that he's an internet

> >> whacko of long-standing.

> >

> >If this guy is who he says he is, he does indeed seem to be board

> >certified. It worries me that people with clear mental problems like

> >this are still board certified!

> >

>

> Maybe he's a board certified nutcase?

>

> --

> "A society that robs an individual of the product of his

> effort... is... a mob held together by institutionalized

> gang rule." -- Ayn Rand