

sci.med.cardiology: Re: my current LDL = 250

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"elgoog" <bjdefend-newsgroups@yahoo.com> wrote in part:

>*Total cholesterol = LDL + HDL + Triglycerides.*

The approximate relationship, when triglyceride is < 400 mg/dL, is: Total cholesterol = LDL + HDL + Triglyceride/5. If triglyceride is above about 400, an approximate formula cannot be relied upon and LDL needs to be measured.

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