

This is annoying – results of nuclearr stress test

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- *From:* "Bill" <xxx@xxxxx>
 - *Date:* Fri, 15 Apr 2005 02:42:26 GMT
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I noticed a few weeks ago that I was experiencing some chest pain when I got going a little bit on the tread mill – not too high, 3.2 mph or so – and then it diminished when I backed off.

Talked to my cardiologist and we scheduled a nuclear stress test for yesterday. The Dr. saw nothing significant on the EKG except for the results of old MIs. Got the results today and the nurse said there was a change since last time and I should make an appointment with my cardiologist. Unfortunately, she is out until next Wed. and the earliest appt. I could get is the Wed. after that.

I suspect this is a stable plaque which is building up and I suspect it may be in part due to me backing off on the amount of exercise I do for the last few months. However, I also suspect I am probably headed for another angioplasty. (The first in many years.) I know there is some controversy on angioplasty for stable plaques but I lean toward it, because the signals the blockage sends out could cause me to mistake a real MI for the old blockage and could cause me to further cut back on exercise.

Thoughts?

Bill

- *Follow-Ups:*
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◇ *From:* William Wagner
 - ◆ ***Re: This is annoying – results of nuclearr stress test***
◇ *From:* Andrew B. Chung, MD/PhD
- *Prev by Date:* ***Re: Rupture aortic aneurysm***
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