

Re: This is annoying – results of nuclearr stress test

Source: <http://sci.tech–archive.net/Archive/sci.med.cardiology/2005–04/msg00375.html>

- *From:* "Andrew B. Chung, MD/PhD" <andrew@xxxxxxxxxxxxxxxx>
 - *Date:* Fri, 15 Apr 2005 07:08:16 –0400
-

Bill wrote:

- >
- > I noticed a few weeks ago that I was experiencing some chest pain when I got
- > going a little bit on the tread mill – not too high, 3.2 mph or so – and then
- > it diminished when I backed off.
- >
- > Talked to my cardiologist and we scheduled a nuclear stress test for
- > yesterday. The Dr. saw nothing significant on the EKG except for the results
- > of old MIs. Got the results today and the nurse said there was a change since
- > last time and I should make an appointment with my cardiologist.
- > Unfortunately, she is out until next Wed. and the earliest appt. I could get
- > is the Wed. after that.
- >
- > I suspect this is a stable plaque which is building up and I suspect it may be
- > in part due to me backing off on the amount of exercise I do for the last few
- > months.

How well controlled are ****all**** your risk factors for progression of occlusive coronary disease?

- > However, I also suspect I am probably headed for another angioplasty.
- > (The first in many years.) I know there is some controversy on angioplasty for
- > stable plaques but I lean toward it, because the signals the blockage sends
- > out could cause me to mistake a real MI for the old blockage and could cause
- > me to further cut back on exercise.
- >
- > Thoughts?

The signals that blockage sends out could also help guide you on how aggressive you need to be lower your risk factors for CAD progression.

At His service,

Andrew

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Andrew B. Chung, MD/PhD
Board–Certified Cardiologist

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Suggested Reading:

- (1) <http://makeashorterlink.com/?L26062048>
- (2) <http://makeashorterlink.com/?V113154DA>
- (3) <http://makeashorterlink.com/?X1C62661A>
- (4) <http://makeashorterlink.com/?U1E13130A>
- (5) <http://makeashorterlink.com/?K6F72510A>
- (6) <http://makeashorterlink.com/?I24E5151A>
- (7) <http://makeashorterlink.com/?I22222129>

• **Follow-Ups:**

- ◆ **Re: This is annoying – results of nuclearr stress test**

◇ From: Bill

• **References:**

- ◆ **This is annoying – results of nuclearr stress test**

◇ From: Bill

- Prev by Date: **This is annoying – results of nuclearr stress test**

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