

Re: Some input??

Source: <http://sci.tech--archive.net/Archive/sci.med.cardiology/2005-06/msg00636.html>

- *From:* "Andrew B. Chung, MD/PhD" <andrew@xxxxxxxxxxxxxxxx>
 - *Date:* Mon, 13 Jun 2005 06:53:30 -0400
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Synergie wrote:

- >
- > before anyone comments... yes I have seen a doc! I'm just not very
- > confident in their opinion as you'll read why...
- >
- > I was just wondering if I could get some input on this:
- >
- > Over the last few months I have been getting frequent headaches, and
- > until now I have been attributing them to the fact that I am 'supposed'
- > to wear glasses but I don't usually wear them when I go out. However a
- > recent trip to the base hospital (I'm in the military) has made me
- > rethink what may be causing them.
- >
- > Last week, I caught some kind of stomach bug and went to the base
- > hospital to get checked out (and hopefully sent home), and they always
- > triage everyone who shows up for sick parade. When they took my BP it
- > was 156/98 so they took it again to double check. The second reading was
- > 183/112!! Also, my heart rate was 140 resting. I also could feel my
- > heart pounding in my chest (It was not irregular...they asked me). Since
- > I was sick, they told me that being dehydrated can cause these things to
- > happen.... (I read on the net afterwards that dehydration causes low BP
- > not high) Anyway, they hooked me up for IV fluids, which did make me
- > feel somewhat better. My BP did return to close to normal, and my heart
- > rate, though still high was dropping back as well. I should mention they
- > also did an ecg and it was normal.
- >
- > It's been a few days now, and I am over the stomach bug, though I am
- > still getting pretty bad headaches. I am starting to wonder if I have a
- > problem with high BP and if that could cause the headaches. I have had
- > higher than normal BO readings before. And also, I've noticed the last
- > few weeks I have had a dull pain on my chest below my left shoulder. It
- > does not get worse with use and also does not disappear with no use.
- > It's just kind of 'there' It comes and goes. It does kind of feel like
- > muscle pain though... I am wondering if this could be related though.

Would suggest you seek a referral to see a cardiologist.

- > I am a female... only 30 years old, I didn't think I was old enough to
- > be susceptible to high BP yet, though it does run in my family. Also, a

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- > few years back, I was taking ephedrine (before it was found to be
- > dangerous) I am concerned now that maybe I did some damage, or that
- > somehow it could cause high BP. (I am scared to mention this to the base
- > doc because any 'self inflicted' injuries etc are considered a
- > 'chargable offense' in the military)
- >
- > I am not so confident in what the military doctor told me (especially
- > when I read that being dehydrated causes low BP... not high) and every
- > time we go to the base hosp, we get whoever is available, and many are
- > just out of med school... I most concerned with the fact that they did
- > not tell me to come back to get the BP checked again since it was so
- > high that day!
- >
- > Was just wondering if someone could give me some input....

You got it.

> Thanks

You are welcome :-)

In Christ's love and service,

Andrew

—

Andrew B. Chung, MD/PhD
Board-Certified Cardiologist

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Suggested Reading:

- (1) <http://makeashorterlink.com/?G1D5217EA>
- (2) <http://makeashorterlink.com/?W13A4250B>
- (3) <http://makeashorterlink.com/?X1C62661A>
- (4) <http://makeashorterlink.com/?U1E13130A>
- (5) <http://makeashorterlink.com/?K6F72510A>
- (6) <http://makeashorterlink.com/?I24E5151A>
- (7) <http://makeashorterlink.com/?I22222129>

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• *Follow-Ups:*

◆ *Re: Some input??*

◇ *From:* Bill

• *References:*

◆ *Some input??*

◇ *From:* Synergie

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