

## Re: Some input??

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*Source:* <http://sci.tech-archive.net/Archive/sci.med.cardiology/2005-06/msg00638.html>

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- *From:* "Bill" <xxx@xxxxx>
  - *Date:* Mon, 13 Jun 2005 12:49:52 GMT
- 

"Andrew B. Chung, MD/PhD" <andrew@xxxxxxxxxxxxxxxx> wrote in message  
[news:42AD65AA.BF9E7CFB@xxxxxxxxxxxxxxxx](mailto:news:42AD65AA.BF9E7CFB@xxxxxxxxxxxxxxxx)

> Synergie wrote:

>>

>> before anyone comments... yes I have seen a doc! I'm just not very

>> confident in their opinion as you'll read why...

>>

>> I was just wondering if I could get some input on this:

>>

>> Over the last few months I have been getting frequent headaches, and

>> until now I have been attributing them to the fact that I am 'supposed'

>> to wear glasses but I don't usually wear them when I go out. However a

>> recent trip to the base hospital (I'm in the military) has made me

>> rethink what may be causing them.

>>

>> Last week, I caught some kind of stomach bug and went to the base

>> hospital to get checked out (and hopefully sent home), and they always

>> triage everyone who shows up for sick parade. When they took my BP it

>> was 156/98 so they took it again to double check. The second reading was

>> 183/112!! Also, my heart rate was 140 resting. I also could feel my

>> heart pounding in my chest (It was not irregular...they asked me). Since

>> I was sick, they told me that being dehydrated can cause these things to

>> happen.... (I read on the net afterwards that dehydration causes low BP

>> not high) Anyway, they hooked me up for IV fluids, which did make me

>> feel somewhat better. My BP did return to close to normal, and my heart

>> rate, though still high was dropping back as well. I should mention they

>> also did an ecg and it was normal.

>>

>> It's been a few days now, and I am over the stomach bug, though I am

>> still getting pretty bad headaches. I am starting to wonder if I have a

>> problem with high BP and if that could cause the headaches. I have had

>> higher than normal BO readings before. And also, I've noticed the last

>> few weeks I have had a dull pain on my chest below my left shoulder. It

>> does not get worse with use and also does not disappear with no use.

>> It's just kind of 'there' It comes and goes. It does kind of feel like

>> muscle pain though... I am wondering if this could be related though.

>

> Would suggest you seek a referral to see a cardiologist.

Re: Some input??

>  
>> I am a female... only 30 years old, I didn't think I was old enough to  
>> be susceptible to high BP yet, though it does run in my family. Also, a  
>> few years back, I was taking ephedrine (before it was found to be  
>> dangerous) I am concerned now that maybe I did some damage, or that  
>> somehow it could cause high BP. (I am scared to mention this to the base  
>> doc because any 'self inflicted' injuries etc are considered a  
>> 'chargable offense' in the military)  
>>  
>> I am not so confident in what the military doctor told me (especially  
>> when I read that being dehydrated causes low BP... not high) and every  
>> time we go to the base hosp, we get whoever is available, and many are  
>> just out of med school... I most concerned with the fact that they did  
>> not tell me to come back to get the BP checked again since it was so  
>> high that day!  
>>  
>> Was just wondering if someone could give me some input....  
>  
> You got it.  
>  
>> Thanks  
>  
> You are welcome :-)  
>  
>  
> In Christ's love and service,  
>  
> Andrew  
>  
> ---  
> Andrew B. Chung, MD/PhD  
> Board-Certified Cardiologist  
>

I agree this sounds like it might be complicated (which does NOT mean serious)  
and you should get another opinion.

Bill

> \*\*  
> Suggested Reading:  
> (1) <http://makeashorterlink.com/?G1D5217EA>  
> (2) <http://makeashorterlink.com/?W13A4250B>  
> (3) <http://makeashorterlink.com/?X1C62661A>  
> (4) <http://makeashorterlink.com/?U1E13130A>  
> (5) <http://makeashorterlink.com/?K6F72510A>  
> (6) <http://makeashorterlink.com/?I24E5151A>  
> (7) <http://makeashorterlink.com/?I22222129>

Re: Some input??

- **References:**

- ◆ **Some input??**

- ◇ *From:* Synergie

- ◆ **Re: Some input??**

- ◇ *From:* Andrew B. Chung, MD/PhD

- Prev by Date: **Re: Additional Info. about statins**

- Next by Date: **"There are some journalists who aren't journalists, and some newspapers tabloids that aren't journalism."**

- Previous by thread: **Re: Some input??**

- Next by thread: **Niacin + other B vitamins?**

- Index(es):

- ◆ **Date**

- ◆ **Thread**