

Re: Stress Test – worth the effort?

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It sounds like you are from Australia and I'm not quite sure how things work there, but I assume there are some similarities with the US.

Here there are medical protocol issues. I recently had two stents put in. I was very sure of what was going on and it turned out I was right. But me being very sure does not satisfy either the Dr. who is going to do the procedure or the insurance company. So I had to go through the process of making an appointment with the cardiologist and then getting a nuclear stress test – which showed a part of the heart was not getting enough blood.

So there are rules the medical establishment and insurance companies impose.

I suggest you might want to follow your Dr's. advice and take the test. Since your alternatives seem to be to take a long trip which may well put you back in the same boat. Or living with the problem which is likely to get worse.

FYI, there are new types of stents out there, which you may or may not have had in 01/04, call drug eluting stents which are much less likely to reblock. And if you keep having new blockages, such as the one you suspect now, you may want to see if there is anything more you can do to slow that process down. Diet and exercise are the first place to look.

Bill

• ***Follow-Ups:***

◆ ***Re: Stress Test – worth the effort?***

◇ *From:* quietguy

◆ ***Re: Stress Test – worth the effort?***

◇ *From:* Jason

• ***References:***

◆ ***Stress Test – worth the effort?***

◇ *From:* quietguy

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