

Re: statins don't reduce dementia risk

>>> It was as if we had been walking along and at some point I realized he
>>> wasn't next to me. Backtracking I realized he had fallen down an open
>>> manhole and disappeared (Lipitor).

>>>

>>> I started working frantically to find out if he survived the fall and
>>> running to experts for help in achieving a rescue, but it was months
>>> (off
>>> the Lipitor) before I could hear his voice echoing faintly in the
>>> dark.

>>>

>>> Years before I could see the top of his head.

>>>

>>> Another year before he was able to climb out to the degree that his
>>> head
>>> showed above the sidewalk.

>>>

>>> Now, it seems as if he has climbed up to where his chest shows, but on
>>> some days, too often, his foot seems to slip off the rung and he is up
>>> only to his chin above the sidewalk.

>>>

>>> Three and a half years off the Lipitor, weekly cognitive
>>> rehabilitation
>>> therapy, CoQ10, specialist consultations, myriads of tests, and he is
>>> probably only a third of the way out of that hole.

>>>

>>> Absolutely improved, what a blessing! But still far, far, far to go.

>>>

>>> Had it been Alzheimer's or Pick's or Tau protein or other
>>> fronto-temporal
>>> dementia, he would never have resurfaced at all, only gotten worse.

>>> Had

>>> it been a head injury, he may or may not have had a similar
>>> progression

>>> (there are inpatients with head injury – accident victims, police who
>>> have survived gunshot wounds to the head, others who take the same
>>> cognitive rehabilitation therapy there and they make progress.).

>>>

>>> But far, far, far to go.

>>>

>>>

>>>

>>> Thanks. Progress is progress and that is obviously a good thing. It

>>> also

>>> suggests that it is POSSIBLE that the underlying cause could be found

>>> and

>>> a treatment discovered.

>>>

>>> I have only a meager suggestion. You noted there are up and down days.

>>> If

>>> you could determine some cause and effect relationship e.g. diet,

>>> environment (inside, outside) that might help.

Re: statins don't reduce dementia risk

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>>>

>>

>> Thanks, that is why I have kept a log for 3 1/2 years.

>>

>> As the scientists say, if it wasn't documented it didn't happen.

>> (roughly quoted from Clifford Stoll's "Cuckoo's Egg")

>

>

> Sharon,

> I might have missed it but how many months did it take before you noticed

> any signs of improvement in your husband's mental abilities?

> I have NOT noticed hardly any improvements in relation to my memory

> problems. Sarah told me yesterday that I left the storage shed unlocked.

> Last week, I left my car unlocked in a grocery store parking lot. I never

> done these sorts of things until the past several months. My problems do

> NOT seem to be improving.

> One other question: Have you seen any studies indicating that statins can

> cause the adrenal glands to NOT to work properly?

> Jason

>

The cognitive problems recover VERY SLOWLY.

Over 3 months off the Lipitor before the witnessed Transient Global Amnesia episodes subsided.

Over 1 year off the Lipitor before the aphasia lessened to the point where it was possible to complete one sentence in 4 or 5 attempts. Gradually improved but nowhere near gone now 3 1/2 years off the Lipitor.

Over 2 years off the Lipitor before some of the memory loss lessened to "severely impaired" – had been worse. (with weekly cognitive rehabilitation therapy sessions and homework)

Now, 3 1/2 years off the Lipitor, some ability to handle 3–step processes, but memory loss and other cognitive impairments persist.

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> We respect those subscribers that ask for advice or provide advice.

> We do NOT respect the subscribers that enjoy criticizing people.

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- **Follow-Ups:**

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◇ From: Jason

- **References:**

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