

Re: statins don't reduce dementia risk

>>>>>>>>> problems
>>>>>>>>> do
>>>>>>>>> NOT seem to be improving.
>>>>>>>>> One other question: Have you seen any studies indicating that
>>>>>>>>> statins
>>>>>>>>> can
>>>>>>>>> cause the adrenal glands to NOT to work properly?
>>>>>>>>> Jason
>>>>>>>>>
>>>>>>>>> ---
>>>>>>>>> NEWSGROUP SUBSCRIBERS MOTTO
>>>>>>>>> We respect those subscribers that ask for advice or provide
>>>>>>>>> advice.
>>>>>>>>> We do NOT respect the subscribers that enjoy criticizing
people.
>>>>>>>>>
>>>>>>>>>
>>>>>>>>>
>>>>>>>>>
>>>>>>>>> I thought your memory problems started well before you left your
>>>>>>>>> job
>>>>>>>>> and
>>>>>>>>> you
>>>>>>>>> started taking statins after you left your job.
>>>>>>>>>
>>>>>>>>> Bill
>>>>>>>>>
>>>>>>>>> Bill,
>>>>>>>>> I was taking statins while I was still working. My memory
problems
>>>>>>>>> started
>>>>>>>>> shortly after I started taking statins. I have not noticed any
>>>>>>>>> improvements since I stopped taking statins. I still do stupid
>>>>>>>>> things
>>>>>>>>> such
>>>>>>>>> as not remembering the names of close friends and forgetting to
>>>>>>>>> lock
>>>>>>>>> my
>>>>>>>>> car. I am hoping that the improvements take place during the next
>>>>>>>>> several
>>>>>>>>> months so that I will be able to get another job after my sick
>>>>>>>>> leave
>>>>>>>>> credits have run out. I will be getting full retirement
benefits so
>>>>>>>>> the
>>>>>>>>> salary of the new job is not very important. I'm just
getting bored
>>>>>>>>> with
>>>>>>>>> not much to do. I'm getting on Sarah's nerves.
>>>>>>>>> Jason
>>>>>>>>>

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>>>>>>
>>>>>> You left your job several months ago and the problems started well
>>>>>> before
>>>>>> the
>>>>>> day you left – having to do with a periodic test you have to take.
>>>>>> You
>>>>>> got off
>>>>>> of statins 6 weeks ago and were on for 3 months. Is that not
correct?
>>>>>>
>>>>>> Due to my memory problems, I can only guess at these sorts of
issues.
>>>>>> Sarah and I talked about this subject last week and she said
that was
>>>>>> wrong about when I stopped working and stopped taking statins.
I seem
>>>>>> to
>>>>>> recall that I started taking statins about 3 months before I had to
>>>>>> stop
>>>>>> working due to memory problems. I found out as a result of this
>>>>>> newgroup
>>>>>> that statins caused memory problems so I stop taking them. I don't
>>>>>> remember the exact date that I stopped working or stopped taking
>>>>>> statins.
>>>>>> I probably have that sort of information in my records but they are
>>>>>> poorly
>>>>>> organized.
>>>>>> Jason
>>>>>>
>>>>>>
>>>>>> You have repeatedly said you were on statins for only 3 months.
You have
>>>>>> also
>>>>>> said that the memory problems were going on for a while. And you have
>>>>>> also
>>>>>> said that you left your job several months ago. I think something else
>>>>>> is
>>>>>> going on here. Why could it not be that your problems are due to
>>>>>> something
>>>>>> other than statins if you do not know the dates and you have been very
>>>>>> inconsistent?
>>>>>>
>>>>>> Could it not be true that you started the statins after you left your
>>>>>> job?
>>>>>>
>>>>>> Bill
>>>>>>
>>>>>> Bill,
>>>>>> I do recall that I was taking statins several weeks before I took
what is
>>>>>> referred to as an IST (In Service Training) class. I took some notes in

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>>>> much the same way that I took notes in college classes. However,
when the
>>>> test was given, it was like I had not even been in the room. I
could not
>>>> recall the teacher even mentioning some of the items that were on the
>>>> test. I barely passed due to the notes that all students were
allowed to
>>>> refer to when they took the test. Without those notes, I would have
>>>> failed. It was at that time that I realized that was having a serious
>>>> problem with my memory. I done some research and was of the opinion (at
>>>> that time) that I had Dementia (I am 54 years old). I continued to take
>>>> statins but realized that I needed to stop working since I had an
>>>> important job and I would probably fail some future classes were note
>>>> taking was not allowed. Since I had a year of sick leave credits, I had
>>>> working and will retire after the sick leave credits run out. Full
>>>> retirement benefits kick in when employees are 55 years old. I'll be 55
>>>> before the sick time credits are used up. I stop taking statins several
>>>> weeks after I found out that statins were the reason for my memory and
>>>> muscle related problems. I seem to recall that it was a couple of
months
>>>> after I stopped working.
>>>> Jason
>>>>
>>>> --
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>>>>
>>>>
>>>>
>>>> You have said you were on statins for 3 months several times. I
don't think
>>>> you can trust your memory for anything. Your problem may well have
started
>>>> before statins.
>>>>
>>>> One thing is clear. You do have severe mental problems and need to see a
>>>> psychiatrist to help you out what ever the cause.
>>>>
>>>> Bill
>>>>
>>>>
>>>>
>>>> Bill
>>>>
>>>> Please don't do this.
>>>>
>>>> Seeing a psychiatrist, psychologist or counselling social worker may
>>>> help to cope with the devastation caused to one's life, family, career
>>>> by statin injury, but it won't cure any disease, because our disease is

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>>> not psychological. Our disease is toxicity from a drug we took. We who
>>> have been affected this way begin our recovery when we remove the
>>> offending agent, but there can be lingering confusions, for us and
>>> those around us.
>>>
>>> What you are doing is not helpful.
>>>
>>> Please stop. But please stay.
>>>
>>>
>>>
>>>
>>> Zee
>>>
>>
>> You have no idea what the cause is but simply accept that it is from statins
>> because it fits with your agenda.
>
> I don't know. But I do recognize his descriptions which echo my
> experience. And I'm willing to give him the benefit of the doubt.
>
>
>> From the description from the poster it may
>> well have started before he took statins. You don't know, because you
have no
>> reliable information to work from. And in the event the timing did
overlap it
>> does not imply cause and effect.
>>
>> Also from Muldoon's study on people who took statins for 6 months (as
opposed
>> to the 3 the poster took) he concluded that "it did not cause psychological
>> distress or substantially alter cognitive function." (Though he did
measure a
>> statistically significant drop.)
>
> Well it did for me.
>
>
>>
>> You are in no position at all to diagnose this person either from a
>> professional point of view or from the information you have.
>
> That's true. Nor are you with telling him he is mentally ill and should
> see a psychiatrist.
>
>
> And telling
>> people to do nothing can do great damage to them. I stick with my
>> recommendation that he needs psychological help – and let that person decide
>> along with the patient what the best form is.

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>
> I agree; he should decide what to do, if anything.
>
>>
>> Furthermore, your point is irrelevant. If the underlying cause were chemical
>> that does not mean some sort of outside counseling/coaching would not help.
>
>
> Yes, counselling might help one cope with the life-altering effects of
> statin injury, and to cope with the responses of those around him. But
> I don't think it will help with the continued disease, if this is
> what's going on.
>
> I just don't know who Jason is Bill or what is the truth here. Nor do I
> know that for you or anyone.
>
>
> Zee

Zee,

Great post.

I believe most of the regular subscribers to this newsgroup are easily able to separate bad advice from good advice. We ignore the bad advice and take the good advice.

Jason

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• *References:*

- ◆ **Re: statins don't reduce dementia risk**
◇ *From: Sharon Hope*
- ◆ **Re: statins don't reduce dementia risk**
◇ *From: Bill*
- ◆ **Re: statins don't reduce dementia risk**
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◇ *From:* Sharon Hope

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◇ *From:* Jason

◆ ***Re: statins don't reduce dementia risk***

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◇ *From:* zee

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