

Re: Niacin instead of Zocor

Source: <http://sci.tech--archive.net/Archive/sci.med.cardiology/2005-10/msg00220.html>

- *From:* Don Kirkman <donkirk@xxxxxxxxxx>
 - *Date:* Fri, 07 Oct 2005 16:50:57 -0700
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It seems to me I heard somewhere that Jim Chinnis wrote in article <hjpdk115svlfi1e2rdf5qlqm8kvbesupt@xxxxxxxx>:

>"Kamalakar Pasupuleti" <p_kamalakar@xxxxxxxxxxxx> wrote in part:

>> Hi Jim , I find my blood pressure improves a little if I take
>>niacin 50 mg in addition to cetrinum silver . Is there a serious
>>side effect if I add 50 mg of niacin regularly . cetrinum silver
>>has 20 mg of niacin in it .

>I believe serious side effects aren't likely below about 500 mg, assuming
>absence of liver disease. I am not an expert on this.

I was on 1,000mg for several years, and have been reduced to 500mg for the past year or so. Also on 80mg Lipitor, 12.5mg atenolol, and 20mg lisinopril, along with some doctor-recommended nutritionals. No problems, cut back to annual checkups in seventh year since stenting.

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Don Kirkman

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 - ◆ **Re: Niacin instead of Zocor**
 - ◇ *From:* Kamalakar Pasupuleti

- *References:*
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 - ◇ *From:* Kamalakar Pasupuleti
 - ◆ **Re: Niacin instead of Zocor**
 - ◇ *From:* Jim Chinnis
 - ◆ **Re: Niacin instead of Zocor**
 - ◇ *From:* Kamalakar Pasupuleti
 - ◆ **Re: Niacin instead of Zocor**
 - ◇ *From:* Jim Chinnis

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