

## Re: Feeling cold – shivering

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*Source:* <http://sci.tech–archive.net/Archive/sci.med.cardiology/2005–11/msg00339.html>

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- *From:* "Andrew B. Chung, MD/PhD" <[andrew@xxxxxxxxxxxxxxxx](mailto:andrew@xxxxxxxxxxxxxxxx)>
  - *Date:* Sun, 20 Nov 2005 18:07:46 –0500
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Paul wrote:

- >
- > Dear Group
- >
- > I wonder if anyone on this group can suggest a reason for the following.
- >
- > For 5 years now my wife has suffered from a very peculiar set of symptoms.
- > She will suddenly feel very, very cold even in a warm house or sat in front
- > of a fire or on a hot sunny day – she describes it as feeling as though
- > there is a layer of ice under her skin. She becomes so cold that she shivers
- > and her skin is covered in goose–bumps. But, and here's the odd thing, her
- > temperature is nearly normal – just down a degree if that. No matter how
- > much she wraps herself up, she just can't get rid of this feeling of
- > coldness from her skin. This is not just in her extremities, but her whole
- > body. She wraps herself up in layers of clothes in bed, but she is still
- > cold and doesn't sweat at all. Someone "normal" would be sweating heavily.
- >
- > About the same time, five years ago, she began to complain of a numb patch
- > (or sensation) just to the left of centre in her back, a sensation which
- > seemed to be aggravated (a heavy feeling) when she coughed or exercised. She
- > also took up smoking about the same time!

Uh–oh.

This could be cardiac syndrome X.

- > Our Doctor has been totally useless, and seems to be completely lost for any
- > suggestion on what to do. We had a full body CT scan done a few weeks ago,
- > and this showed several small cysts on her Liver (Radiographer called them
- > insignificant), but there was a very small patch of what the radiographer
- > referred to as Emphysema on her left Lung.
- >
- > Any excretion seems to bring on the symptoms as does stress, but they can
- > also just start without any apparent reason.

You probably mean exertion.

- > We are now at the end of our tether as for what to do next,

Re: Feeling cold – shivering

Your wife must stop smoking. Consulting with a cardiologist would be wise.

- > and we would
- > welcome any advice from the experts who read these postings.
- >
- > To protect my wife's identity a friend has let us use his email address to
- > post this, so please reply to him or directly to the group. His email
- > address is paulstaton2004@xxxxxxxxxxxxxx
- >
- > Many thanks

You are welcome, Chris.

All praises belong to my heavenly Father, Whom I love with all my heart, soul, mind, and strength :-)

Would be more than happy to "glow" and chat about this and other things like cardiology, diabetes and nutrition that interest those following this thread here during the next on–line chat (12/08/05):

<http://tinyurl.com/cpayh>

For those who are put off by the signature, my advance apologies for how the LORD has reshaped me:

<http://tinyurl.com/bgfmt>

In Christ's love always,

Andrew

<http://tinyurl.com/b6xwk>

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• **References:**

◆ ***Feeling cold – shivering***

◇ From: Paul

- Prev by Date: ***Re: Artery Health Information***
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