

Re: Heart Attack

Source: <http://sci.tech--archive.net/Archive/sci.med.cardiology/2006-01/msg00850.html>

- *From:* "arnold2@xxxxxxxxxxxx" <arnold2@xxxxxxxxxxxx>
 - *Date:* 17 Jan 2006 04:16:15 -0800
-

Bill:

I was taking aspirin.

My lipid profile right after the attack was as follows:

Triglycerides 72
Cholesterol 107
HDL 49
LDL 44
VLDL 14

Arnold

Bill wrote:

> <arnold2@xxxxxxxxxxxx> wrote in message
> news:1137462127.348232.99240@xx
>> Attack: I recently had a heart attack while exercising. My angiogram
>> showed 100% blockage of the right coronary artery. The blockage was
>> cleared and a stent inserted within about two hours. Damage was minimal
>> and I could engage in normal activities and start strenuous exercise
>> after only a few days.
>>
>> Background: I am a 66 years old male. I have had stable angina for
>> about 9 years which was relieved by a beta-blocker. About two years ago
>> I reduced my weight from about 200 pounds to 160 pounds and started
>> strenuous daily exercise. A stent was placed about 15 months ago to
>> clear a 60% blockage of another artery. The stent did not relieve the
>> symptoms, but the beta-blocker continued to help. About 12 months ago,
>> an angiogram showed continuing plaque buildup.
>>
>> After the stent was placed I went on 10 mg of Lipitor per day. This
>> reduced my cholesterol from a little over 200 to under 140. It measured
>> 107 the day after the attack.
>>
>> 1. Does anyone know why the damage was not more severe? What does it
>> take to damage heart muscle and what mechanisms mitigate it.
>>
> There are several possibilities. It may not have been 100% – maybe some blood
> got through. They say time is heart muscle – the longer part of the heart is

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- > denied blood the more likely it is that tissue dies. You got help quickly.
- > Over time small vessels, called collaterals, will grow from one area of the
- > heart that is normally served by a different artery to an area that is not
- > getting enough blood. These help out when a complete blockage comes.
- >
- >
- >> 2. It seems to me that it is likely I will have more attacks given the
- >> continuing plaque buildup with Lipitor. I am now taking 20 mg of
- >> Crestor a day instead of the Lipitor. Can this stop the build up of
- >> plaque? What options do I have?
- >>
- >
- > It depends on the type of cholesterol. You need to describe the breakdown into
- > types. Also, cholesterol is not the whole thing. Are you taking a daily
- > aspirin?
- >
- > Bill – not a Dr.

• *Follow-Ups:*

- ◆ **Re: Heart Attack**
◇ *From:* Bill
- ◆ **Re: Heart Attack**
◇ *From:* rhugorodriguez
- ◆ **Re: Heart Attack**
◇ *From:* rhugorodriguez

• *References:*

- ◆ **Heart Attack**
◇ *From:* arnold2@xxxxxxxxxxxx
- ◆ **Re: Heart Attack**
◇ *From:* Bill

- Prev by Date: **Re: Quack Andrew B Chung Gets Fired, Then Lies About It**
- Next by Date: **Re: "Timed" fits?**
- Previous by thread: **Re: Heart Attack**
- Next by thread: **Re: Heart Attack**
- Index(es):
 - ◆ **Date**
 - ◆ **Thread**