

Can high blood pressure be cured?

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I had thought high blood pressure could not be 'cured' until an encounter with someone who practically went off medication for almost 8 months.

This guy was a confirmed hereditary HBP sufferer. By accident he tried a herb recipe for 6 days consecutively and afterwards was able to go off medication for almost 8 months. Now he is back on medication again.

I once tried herb medicine for my HBP but I stopped it later on. The good thing about herb HBP medicine is that it does not have unwanted side-effects such as sexual impotence but in order to do a satisfactory job one has to take herb pills 4 times a day in order to maintain the low reading.

I hope one of these days herbs can be synthesized using whatever high tech available so that herbs can be used to well control HBP conveniently and go one step further to cure HBP!