

Re: Cardiologist too conservative?

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- *From:* "Zen Cohen" <aturny@xxxxxxxxxxx>
 - *Date:* Thu, 29 May 2008 22:35:11 -0700
-

"MU" <danmc51@xxxxxxxxxxx> wrote in message
[news:483f71e7\\$0\\$25950\\$6e1ede2f@xxxxxxxxxxxxxxxxxxxxx](news:483f71e7$0$25950$6e1ede2f@xxxxxxxxxxxxxxxxxxxxx)

Zen Cohen expressed whined in need and complained precisely :

I had to take a treadmill stress test yesterday because I had minor right-side chest pain a couple weeks after a 40% spontaneous pneumothorax in my right lung. I suspect the test was overkill but I wasn't going to defy my doc's advice.

Oh, of course you won't. Now here you are, scared shitless, on Usenet, which has been your consistent playground to abuse. Posting to the worthless misc.x groups and hoping that a cardiologist will come along in SMC to calm your potentially dying heart and soul.

Excuse me if I smile at your vulnerabilities.

Sure, go ahead. I'd expect nothing less from a pathetic loser like you than to conjure up imaginary vulnerabilities in a person so clearly his superior.

<snipped death knoll> I feel like the doctor didn't do me a service because he didn't provide a sufficient reason for this and it seems his refusing to let me go further may have left him in the dark about potential problems that could develop in these higher ranges if I don't follow his advice.

Imagie that. You abuse Chung, then post to make sure he sees your gasps and fears, then you second uess your Urban Cardiologist.

I realize you'll never have the sense to fathom this but Andrew is a

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diseased shell of a doctor who gives advice that is patently dangerous to everyone but fellow loons like you. Get it? Of course not.

BTW, by "Urban Cardiologist" do you mean one who actually graduated from med school and can hold a license to practice? What kind of docs do dumb hicks like you see in Hooterville?

Hmmmm, where

did you learn to second guess traditional, managed-care medicine. Why right here on the Usenet you so freely abuse, now may not LIVE without.

I get the impression this cardiologist knows plenty about counseling and treating sedentary or ill patients but has no interest in advising fitter patients who want to push their endurance without undue risk.

You're fit? No, delusional, you're NOT fit and you could be dead in a very short time.

Given that it's your customary saturday night entertainment, not as likely in a very short time that you'll be found drunk in a barnyard with your little weewee smelling of goat.

Has anyone had experience with cardiologists who are more fitness-friendly? What have they said about the risks of exercising at or near max HR?

Oh, several, dozens, grovel some more. Ask me specifically so I will know you are serious.

BTW, it took me 15:30 to reach my "max" HR. He said his patients normally don't last longer than 11 minutes but heard of some accomplished athletes going over 20 minutes. I might've gone another minute or so but nowhere near 20 (with the speed/incline increases every minute). If you've done this test, how long did you go?

35 but, hey, I follow the 2PD, must be an anomaly, right?

Yeah, Moo, you're truly an anamoly in that you're singularly stupid, dishonest and mentally ill. Now go egg on your "friend" Andy some more so he finally falls completely off the deep end. You've almost got him there.

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