

Re: painful teeth/gums after about some dental work

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- *From:* Steven Fawks <tuthjockey@xxxxxxxxxxxxxx>
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It's impossible to diagnose your problem accurately over the internet.

It is possible to discuss certain possibilities. A thorough cleaning will remove deposits from all root surfaces. If it had been a few years since your last cleaning or there was a significant build up of calculus, the bare root surfaces will be more tender for a while.

What filling material was used? If it was amalgam, cold sensitivity is normal and will gradually go away in a month or two. If it was composite, there was likely a problem with materials or technique (if the filled teeth are more sensitive than the others).

Many people that I see with sensitive teeth are also clenchers. It may sound silly, but the damage done to teeth from chenching is right behind cavities and gum disease in significance.

You can use a toothpaste for sensitive teeth and if clenching is part of the problem, get an NTI.

JME,
Fawks

I take real good care of my teeth -- brush, floss, rinse, regular cleanings/checkups, take vitamins, etc.. My teeth hurt a little bit, so I went to the dentist a few weeks ago. I got like 4 cavities filled, a couple of old fillings replaced, and some procedure to add material to a chipped/broken tooth.

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Anyway, my teeth/gums are killing me now! Ouch. 10 times worse than before going to the dentist. I'm tired of popping aspirins and Tylenol. My teeth/gums are real sensitive to cold fluids now. Could it be that a filling wasn't filled in on all the way, thus allowing fluids to get to the pulp? I will call the dentist tomorrow and make an appt.. I had never been to him before, and after my 2 dental visits to him, I was informed by a few people that he's a bad dentist (so going back may be a waste of time/money). Any suggestions? Thanks. I have Delta Dental insurance. Thanks.

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