

# Re: Can brushing gums too hard cause cold sensitivity?

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*Source:* <http://sci.tech-archive.net/Archive/sci.med.dentistry/2005-08/msg01697.html>

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- *From:* "letsconnect" <[letsconnect@xxxxxxxxx](mailto:letsconnect@xxxxxxxxx)>
  - *Date:* 25 Aug 2005 12:54:39 -0700
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Amatus Cremona wrote:

>>  
>> In addition to the other responses (re. the molar situation) – if the  
>> sensitivity of the bicuspid is due to exposed dentin, try rubbing in  
>> some Sensodyne toothpaste (don't rinse off) for a few weeks and see if  
>> that helps.  
>>  
>  
> If the patient is a forceful clencher (during sleep) with the jaw trying to  
> move side-to-side while clenching, the abfraction situation will continue.  
> In this case the tooth sensitivity will keep returning after \*ANY\*  
> treatment.  
>

That's what I meant by "in addition to the other responses" :-).

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- *Follow-Ups:*
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◇ *From:* Fawks
- *References:*
  - ◆ [Can brushing gums too hard cause cold sensitivity?](#)  
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◇ *From:* letsconnect
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◇ *From:* Amatus Cremona
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Re: Can brushing gums too hard cause cold sensitivity?

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