

Re: Sue's campaign of misinformation

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- *From:* Dartos <tuthjockey@xxxxxxxxxxxxxxxx>
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IME, it's hard enough to get a patient to realize that they are clenching in the first place. Trying to say that they are stressed out, neurotic, and wound too tight isn't going to sit very well with them (even if it's true).

Not that I never mention stress and relaxation. I just don't bombard them with the notion that they can fix all of their problems by screwing their head on straight.

Dartos

If you like what the DT dentists say, why are you here?
I know if I liked DT, that's where I would be.

Dartos

Sue wrote:

Reply. Relaxation methods and meditation have been found to be helpful. (As per the dentists located on DT , anyway). Your idea makes perfect sense to me.

See what I mean about the chessy platitudes. You could suggest that a primary clencher bang their foot three times with a hammer before going to bed to help their nocturnal parafunction and she would say "your idea makes perfect sense

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to me".