

Re: Choices in fillings/restorations

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- *From:* "letsconnect" <letsconnect@xxxxxxxxx>
 - *Date:* 26 Jan 2006 14:52:12 -0800
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ashes wrote:

> Some yes, most no. I haven't ever visited the dentist regularly. I'd
> like to, but history can repeat itself. I prefer to replace my
> fillings, with what is the most durable, now while I can afford it,
> instead of waiting until they need replacing and my financial situation
> is unknown. Replacing them all now should keep future dental visits
> less expensive.

Some dentists would argue that it's not a good idea to replace restorations as a "preventative measure", so to speak, because each time you do so you some trauma is inflicted, occasionally resulting in the need for more dental work rather than less. Amalgam fillings can last for a very long time.

For those fillings that do need replacing, if esthetics are not an issue, I'd say gold would be a better choice, although cerec isn't bad at all in terms of wear properties (as far as I can tell from what's accessible on PubMed).

Please note that I'm not a dentist.

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- *Follow-Ups:*
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◇ *From:* ashes
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 - ◆ ***Re: Choices in fillings/restorations***
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