

Re: Sensodyne chewing gum?

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- *From:* "letsconnect" <letsconnect@xxxxxxxxx>
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No, rub the sensodyne into your teeth and leave it on, instead of brushing it on. Don't rinse off.
You might find an electric toothbrush easier (a lot of people with a bad gag reflex do). You don't have to use toothpaste if this makes you gag.
You can use a fluoride mouthrinse like ACT rinse instead of a fluoride toothpaste. Use last thing at night and don't rinse out.

Captain Infinity wrote:

Like most people, I hate to brush my teeth. I find the sensations revolting, physically unpleasant. The brush in my mouth, the toothpaste frothing about...gag. It usually makes me gag. Twice I have actually vomited.

So, naturally, I avoid it as much as possible.

Thing is, the last time I was at my dentist he replaced a silver filling with amalgam, and that tooth has been sensitive ever since. He told me to use Sensodyne. So I do, whenever I brush, which isn't often enough to make a difference with the sensitivity.

So what I need, and would like for one of you dentists to create really soon, is a de-sensitizing chewing gum. I don't normally chew gum, but if such a one existed I would chew it. Shouldn't be hard to make, a couple of phone calls to GlaxoSmithKline and Wrigleys, zip zip, to market we go.

Please?

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Captain Infinity