

Re: Cerec Inlay Bothering me

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- *From:* Mark & Steven Bornfeld <bornfeldmung@xxxxxxxxxxxxxxxxx>
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Ihatemyjog wrote:

I had 2 cerec inlays put into the 2 rear teeth on the left side bottom, the last 2 teeth in the back. Anyway I posted back in May about this being a new dentist I am going to, due to moving to a different state. Although I had no problems with the 2 teeth and a third not done yet. Back in June he showed me close up pictures of the teeth (not a pretty sight) with a camera , and an xray showing what he says is a cavity in the tooth that he has not done yet. I don't remember him saying the 2 with the inlay had decay, but he claims he told me he did. It's funny to me how specifically I remember the decay he pointed out on the one tooth not done , but not the other 2.

After the inlay was done I had significant pain in the back most tooth for 6 weeks after, which after calling and making a followup appointment he claimed the pain was normal. He intimidated me into not calling again, or following up. He and his staff made me feel (this is my perception to be fair) that I was being a wimp for asking about the pain. I let it go and over time (it's been 7 months) the pain has subsided, but when I chew over the inlay (just the one tooth) anything hard (toast crispy bread,etc) I feel a dull pain. This pain usually goes away after a few hours.

When I went in for my cleaning about a month ago I decided to tell the assistant and the dentist about this, they basically ignored the question, and changed the subject to getting a night guard, and about the other tooth they claimed needed to be done soon. Except this time he claims since I am sensitive he will need to crown the other tooth instead of putting in an inlay. This leads to a couple of questions:

1) Does the sensitivity in with the inlay tooth, mean that the nerve was damaged and will need a root canal eventually or extraction? Are these Cerec inlays removable? I was wondering if I went to another dentist if he could take out the inlay check if all the decay was removed and put in a normal filling.

2) The other tooth he wants to crown is structually sound, there is a lot of tooth material, with a big metal filling in the middle. Can

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this tooth be filled instead? I'd rather not have a good tooth that gives me no trouble ground down to a stub except a crown.

Obviously I'm going to find another dentist. I'm just looking for some ideas so when I go to the next dentist I will understand what he is talking about. These are my teeth, I would rather a dentist give me the options and risks and let me make the decision. I feel like an idiot for letting this last guy push me down a path he wanted to go.

If your report here is accurate, I agree that you should find another dentist. Discounting your pain is enough right there.

Having said this, there are a couple of take-aways from this experience:

- 1) Understand what your dentist is telling you. If you don't understand what is being said, stop the dentist and have it explained again. If you still can't understand it (I don't mean the metallurgy here, or the workings of the Cerec machine—I mean exactly why an apparently functional restoration has to be replaced)—the problem is probably with the dentist, and not you. If the dentist has the temerity to show you your teeth on an intraoral camera (I do this too) make sure that you see what the dentist is talking about, because the dentist is ASKIN' fer it!
- 2) S**t happens, even when the dentist does everything right. What happens, and how the s**t is handled (poor metaphor) can be more telling than when everything apparently goes well. You should NEVER be made to feel unjustified in asking about your teeth.

Good luck,
Steve

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