

Re: extra fluoride treatment necessary?

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- *From:* Mark & Steven Bornfeld <bornfeldmung@xxxxxxxxxxxxxxxxx>
 - *Date:* Wed, 15 Aug 2007 13:48:47 GMT
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nyscof wrote:

Ask your dentist how much fluoride is in the fluoride varnish (hint 22,600 ppm – toothpaste has 1,000 ppm and has a warning that if swallowed call poison control). There is no dispute that fluoride is toxic in high doses and 22,600 ppm is a HUGE GIGANTIC dose

Paul--

Just to clarify; 22,600 ppm is a CONCENTRATION, and not a dose. It is very likely that the bulk of fluoride in varnish not absorbed into the enamel is brushed off within 24 hours and expectorated.

Steve

Ask your dentist how much fluoride gets absorbed into your body (hint just as much as gets absorbed from dental fluoride treatment)

Ask your dentist if anyone has had bad reactions to the varnish (hint yes)

I don't doubt that this has happened to some patients (read the PDR—some patients have reacted to just about any medication out there). But it has never been reported to me. I have had reports of gastric upset with topical gel fluorides.

Steve

Fluoride is neither a nutrient nor essential for healthy teeth. Dentists use fluoride too cavalierly when, even their own journals tell them, fluoride is only to be used on people with high rates of tooth decay (of if through some psychic means, they assume you are going to get cavities.)

Actually, the only scientifically valid predictor of cavities is

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poverty and already having cavities.

In my opinion, you are already over-fluoridating yourself. There is a published case of New York City (fluoridated) man who had an obsessive toothbrushing habit who developed arthritic like pains in his neck that disappeared after stopping the fluoridated toothpaste.

For more info

<http://www.orgsites.com/ny/nyscof>

<http://www.FluorideAction.Net>

<http://www.FluorideResearch.Org>

Fluoridation News Releases

<http://tinyurl.com/6kqtu>

Tooth Decay Crises in Fluoridated Areas

<http://www.fluorideneews.blogspot.com/>

I think your dentists is just trying to pry more bucks from your pockets.

Ask

On Aug 14, 1:18 pm, Boon <nob...@xxxxxxxxxxxx> wrote:

Folks,

I use toothpaste with fluoride, rinse my mouth with Act twice a day, and I

rink fluoridated water from the tap. I go to the dentist twice a year for

routine cleaning and check-up. I have no special problems. The dentist tells me that I need his adult fluoride treatment, where his assistant uses a q-tip to spread the contents of a little tear-open packet on my teeth in about one minute. They tell me that I need this because it's a higher concentration of fluoride than I get elsewhere. They charge \$35 extra for the fluoride treatment – not covered by insurance.

The result is that I don't trust my dentist anymore. I think he is looking to get as much money from me as he can without regard for what's best for my teeth. Am I getting to be paranoid in my old age?

Thanks for any advice.

Re: extra fluoride treatment necessary?

– Dave

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