

Re: extra fluoride treatment necessary?

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- *From:* nyscof <nyscof@xxxxxxxxxx>
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On Aug 15, 8:48 am, Mark & Steven Bornfeld
<bornfeldm...@xxxxxxxxxxxxxxxxxx> wrote:

Paul--

Just to clarify; 22,600 ppm is a CONCENTRATION, and not a dose. It is very likely that the bulk of fluoride in varnish not absorbed into the enamel is brushed off within 24 hours and expectorated.

Steve

Steve

So, oh learned one, enlightened us all. How many milligrams of fluoride is in fluoride varnish applied to an adult's mouth.

Dose and concentration are indeed two different things. However, when you tell people fluoridation is safe and effective at 1 ppm, do you tell them that they have to count up all the fluoride they eat, drink, gargle with, brush with, inhale, etc. to figure out the dose because the EPA says 4 mg daily can lead to skeletal fluorosis. And the recent NRC fluoride panel said that level is too high to be protective against fluoride's adverse effects..

We are constantly told to ask our dentists if we need extra fluoride because maybe we are getting "enough" already from our food supply.

Tell us how you tally your patients daily fluoride intake.

Not Paul, but you can call me that.

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