

unexpected weight loss...what are its parameters?

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Hi..Im posing this message for the group and any MD's out there who would like to answer. I lost 12 pounds in 6 weeks (formal stable weight of 192) and went down to 181 and stayed there (179 in the morning)for about 4 weeks now. I was exercising and feeling good. Then the weight loss happened and I had insomnia and depression. I went to the GI man who did a CT and a abdominal ultrasound...all negative. But I cant seem to put back on the weight EXCEPT when I decrease or stop the exercise routine. So I can only gain back when I stop exercising..and when I do..I go back towards 181 again. Just how does the unexpected weight loss work? With cancer..can you go back up? Im thinking of getting a ERCP...even if I have to pay for it with out of my pocket...I need information from the group and informed individuals to help me make a decision.

Thanks!—Steve