

sci.med.diseases.cancer: Re: unexpected weight loss...what are its parameters?

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"Richard Nguyen" <kawika_sw@yahoo.com> wrote in message
news:8aedb098.0408022215.755a9504@posting.google.com...

> *Hi..Im posing this message for the group and any MD's out there who
> would like to answer. I lost 12 pounds in 6 weeks (formal stable
> weight of 192) and went down to 181 and stayed there (179 in the
> morning)for about 4 weeks now. I was exercising and feeling good. Then
> the weight loss happened and I had insomnia and depression. I went to
> the GI man who did a CT and a abdominal ultrasound...all negative. But
> I cant seem to put back on the weight EXCEPT when I decrease or stop
> the exercise routine. So I can only gain back when I stop
> exercising..and when I do..I go back towards 181 again. Just how does
> the unexpected weight loss work? With cancer..can you go back up? Im
> thinking of getting a ERCP...even if I have to pay for it with out of
> my pocket...I need information from the group and informed individuals
> to help me make a decision.*
>
> *Thanks!--Steve*

If 180 pounds is a good weight for you then there is no problem in the absence of any medical abnormality. Do you feel good at 180 or are you worrying just because of the wgt loss? Have you always exercised or is the loss a result of starting to exercise or an increase in exercise or a change in diet? I'm sure the doctor will have asked all these questions and more but there is not a lot of detail in your post. If you feel good at whatever weight you are and you are not too far outside the 'normal range' for your height and build then there is very likely little to worry about.

With cancer you would likely just keep losing weight and not be able to put it back on.

MIKE