

side effects from head radiation therapy

Source: <http://sci.tech-archive.net/Archive/sci.med.diseases.cancer/2008-03/msg00024.html>

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 - *Date:* Tue, 4 Mar 2008 01:04:44 -0800 (PST)
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Hi everyone. I had stereotactic radiation therapy to treat a benign glioma seven years ago. I know that's a very aggressive treatment for something that is (thankfully) not full-blown cancer, but the surgeon I saw (very well published from a major university hospital in LA) recommended against surgery because of where it is in the temporal lobe. He felt that it wouldn't increase in size and that surgery was too risky.

Anyway, seven years later and thankfully there have been no changes, but the headaches on the left side of my head where treatment was and now some inner ear problems I'm having (although the docs say it's not caused by radiation, which I find hard to believe) are driving me insane. Has anyone found helpful treatment for these types of headaches? They feel like they're muscular as they respond to my rubbing my head. My left year has felt "full" for the last year. I guess they are more sensations than they are pain on my head.

Has anyone discovered and helpful remedies for these types of sensations? I'm trying a few things for my ear like dyazide (which hasn't done much!) and some bioflavonoids for my ear. If anyone has other suggestions for either of these, please please please share! Thank you so much for reading this.

– JayDee

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