

sci.med.diseases.lyme: Re: do i have a disease? don't know where else to go...

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Source: <http://sci.tech-archive.net/Archive/sci.med.diseases.lyme/2004-09/0097.html>

From: mike (kmikek_at_gmail.com)

Date: 09/05/04

Date: 5 Sep 2004 14:33:31 -0700

"Frank de Groot" <franciad@online.no> wrote in message
news:<e3D_c.5149\$WW4.73603@news4.e.nsc.no>...

> "mike" <kmikek@gmail.com> wrote in message

>

> > first let me apologize is this is in the wrong area. i looked for a

> > general "diseases" group but didn't find one. if there is a better

> > place please point me there and i'll be happy to go.

>

> No, you have come to the right address.

>

> > First off, I have had lots of blood work done, even for HIV and

> > diabetes, all OK.

>

> Welcome to the world of tests that are unreliable as heck..

> Lyme is basically untestable with any test. It's called a "clinical

> diagnosis".

> So a negative test means nothing.

>

>

> > I still haven't done my blood tests for led,

> > mercury,

>

> Hm.. That is not tested through blood samples, but with hair & nails.

perhaps. i wasn't really paying attention.

> > and a few others, but by doctor doesn't seem to think those

> > results will mean much (nor do i). i am very scared because my whole

> > life i never had headaches, and now i've had one for the last three

> > months EVERY SINGLE DAY.

>

> This answers your question "am I sick". The answer is "yes".

> And you should be worried, as the head contains the brain and you need your

> brain to write software.

> (I am also a programmer).

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aren't there thousands of people walking around with all kinds of symptoms caused by non-fatal conditions like stress? are you telling me i am sick beyond a doubt because of symptoms?

> > *granted, they come and go throughout the*
> > *day, but i can tell they're there, nonetheless. the only thing off*
> > *the top of my mind i haven't done is an MRI.*
>
> *Never mind. Useless.*
> *A hi-res SPECT scan interpreted by an expert MIGHT in very bad cases show*
> *something.*
>
>
> > *sit in front of a computer not only at work, but at home as well.*
>
>
> > *may sit in front of the computer up to 12 hours a day.*
>
> *I sit 15 to 18 hours/day in front of the PC and I have chronic headaches*
> *too.*
> *But I fear yours will get worse and mine better. And my headaches prevent*
> *concentration, yours too?*

no offense, but are you trying to help or make things worse? thanks for not sugar-coating anything, but how can you say you think mine will get worse and yours better??

> *Those headaches can be caused by inflammation of the capillary veins, or by*
> *vasoconstriction of larger bloodvessels. Is it localized and always the same*
> *spot? How bad is it? I is cyclical?*
> *Does it change with coffee or alcohol?*

i don't drink either.

> > *you who think this may be my cause, please read on... 3 months ago,*
> > *when this all started, my headache wasn't my only symptom. if my*
> > *headache was my only symptom, i probalby wouldn't be worried so much.*
> > *but 3 months ago, i woke up sick out of the blue. stomach ache,*
> > *headache, couldn't eat all day and had a fever that night. the next*
> > *day i was much better, but the headache and stomach ache lingered.*
>
> *It could be a virus too.*

what kind of virus? can a non-harmful virus cause all this for several months? will it go away?

> > *over the next few weeks i started getting more symptoms, like itchy*
> > *skin, fatigue, weakness in my legs, tingling in my feet, redness in my*
> > *lower legs when i stood or walked.*
>
> *OK, this is a neurological problem, that's for sure.*

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- > *And the connection with the fever means that it is likely of infectious*
- > *origin.*
- > *What you should do is test whether it's a virus or a bacterium.*
- > *Take 1 month of doxycycline, 300 mg/day. If there is improvement or if you*
- > *get a Jarish–Herheimer reaction (temporary exacerbation of symptoms) then*
- > *it's a bacterium.*
- >
- > *You can't do much against a virus.*

please explain to me what the difference of being virus related or bacterium related.

- > > *today, more than 3 months later,*
- > > *my headache is consistent as clockwork, my appetite is back to normal,*
- > > *stomach aches seem to be gone, feet tinglign and numbness in lower*
- > > *legs seem to be ALMOST gone, and all other symptoms seemed to have*
- > > *disappeared as well. it appears everything has slowly gotten better,*
- > > *EXCEPT my headache.*
- >
- > *It might be Lyme, it might not be.*
- >
- > > *and the only thing else i can' complain about is*
- > > *that i still seem a bit more tired than usual all day. i'm yawning*
- > > *all day long and it's hard for me to get through the weekends without*
- > > *napping. my headaches feel like tensions headaches, and they are at*
- > > *various parts of my head at any given moment.*
- >
- > *Great, you are answering my earlier questions.*
- > *It might be Lyme, it might not be.*
- > *It might be due to neurotoxins circulating beyond the blood–brain barrier*
- > *and irritating the walls of the bloodvessels. They contract and that causes*
- > *headache.*
- > *Those neurotoxins are produced by Lyme (Borreliæ).*
- >
- > > *sometimes, the back.top*
- > > *of my head even hurts to the touch. is THIS a usual characteristic of*
- > > *a headache?*
- >
- > *Hm, hurting to the touch, that's not typical Lyme headache I believe.*
- >
- >
- > > *i hope there's someone on the net that can help me find out what's*
- > > *going on, and i hope it's nothing to worry about. i'm going to get a*
- > > *second opinion from another doctor.*
- >
- > *No, it surely is something to worry about.*
- > *Second opinion is extremely useless.*
- > *Most here had 12 docs before diagnosed, but most in general will never get*
- > *diagnosed.*

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there you go again making me feel better. :) it's SURELY something to worry about? like i said earlier, why can't i be a perfectly healthy person just coming down with something temporary or under a lot of stress? i personally don't believe stress can do all this to a person, but "stress-related" is all i got right now. are you saying i surely have some disease? are you saying i'm surely infected by something serious? please explain before i get more stressed.

> > *thanks fo rany help anyone can provide.*

>

> *You need to do many searches for what exactly is wrong with you.*

> *Exclude all and you will be left with what is the matter with you.*

> *If you have just headaches it is hard to say what's wrong but when sx.*

> *return or appear, you should try to find out which diseases fit the clinical picture.*

>

> *In the meantime, be vigilant. Don't trust tests. Sleep a lot, Eat healthily.*

> *When you experience cardiac problems (Might happen with Lyme), make an*

> *appointment with a cardiologist immediately and tell him you fear infectious*

> *etiology. But the very best solution os to take a course of doxycycline to*

> *test reliably whether it is Lyme.*

i do appreciate you taking the time to respond, but you've really scared me. you've made it sound like i have some serious disease for sure, and that it can't be attributed to something temporary or harmless. i hope this was not the message you intended to get across. my opinion is that it's possible i have some serious illness, but these symptoms can be attributed to many things, many non-serious/fatal things, right?

i really doubt i have lyme. wouldn't i have known if i got bitten by a tick? and i don't spend time outdoors much (typical computer geek).

can i ask what your background is? do you have lyme?

thanks again, and i do appreciate your response.

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