

Re: do i have a disease? don't know where else to go...

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OK, i hope this is more readable.

- > *This answers your question "am I sick". The answer is "yes".*
- > *And you should be worried, as the head contains the brain and you need your*
- > *brain to write software.*
- > *(I am also a programmer).*

aren't there thousands of people walking around with all kinds of symptoms caused by non-fatal conditions like stress? are you telling me i am sick beyond a doubt because of symptoms?

- > *I sit 15 to 18 hours/day in front of the PC and I have chronic headaches*
- > *too.*
- > *But I fear yours will get worse and mine better. And my headaches prevent*
- > *concentration, yours too?*

are you trying to help or make things worse? thanks
for not sugar-coating anything, but how can you say you think mine
will get worse and yours better??

- > *Does it change with coffee or alcohol?*

i don't drink either.

- > *It could be a virus too.*

what kind of virus? can a non-harmful virus cause all this for
several months? will it go away?

- > *OK, this is a neurological problem, that's for sure.*
- > *And the connection with the fever means that it is likely of infectious*
- > *origin.*
- > *What you should do is test whether it's a virus or a bacterium.*
- > *Take 1 month of doxycycline, 300 mg/day. If there is improvement or if you*
- > *get a Jarish-Herheimer reaction (temporary exacerbation of symptoms) then*
- > *it's a bacterium.*

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> *You can't do much against a virus.*

please explain to me what the difference of being virus related or bacterium related.

> *No, it surely is something to worry about.*

> *Second opinion is extremely useless.*

> *Most here had 12 docs before diagnosed, but most in general will never get diagnosed.*

there you go again making me feel better. :) it's SURELY something to worry about? like i said earlier, why can't i be a perfectly healthy person just coming down with something temporary or under a lot of stress? i personally don't believe stress can do all this to a person, but "stress-related" is all i got right now. are you saying i surely have some disease? are you saying i'm surely infected by something serious? please explain before i get more stressed.

> *In the meantime, be vigilant. Don't trust tests. Sleep a lot, Eat healthily.*

> *When you experience cardiac problems (Might happen with Lyme), make an appointment with a cardiologist immediately and tell him you fear infectious etiology. But the very best solution os to take a course of doxycycline to test reliably whether it is Lyme.*

i do appreciate you taking the time to respond, but you've really scared me. you've made it sound like i have some serious disease for sure, and that it can't be attributed to something temporary or harmless. i hope this was not the message you intended to get across. my opinion is that it's possible i have some serious illness, but these symptoms can be attributed to many things, many non-serious/fatal things, right?

i really doubt i have lyme. wouldn't i have known if i got bitten by a tick? and i don't spend time outdoors much (typical computer geek).

thanks for your time.