

Re: Lyme and Alcohol

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- *From:* itsybitsyone@xxxxxxxx
 - *Date:* Fri, 6 Jun 2008 06:29:33 -0700 (PDT)
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On Jun 5, 11:00 pm, Dana <dcarp...@xxxxxxxx> wrote:

I keep reading that alcohol is contraindicated for Lyme disease, but damned if anyone says why.

Dana,

In the earlier years I could drink, though it did make me more prone to flu like illness. I never thought anything of it till years later.

However, during times of active disease, and for the last decade or so, I have a very very very very exaggerated hang over. From very little. So, I don't drink anymore at all. Its not worth it. I think that the contraindication is more due to overwhelming patient experience with this than it is a scientifically proven contraindication.

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