

## Re: 'Radical Life Extension' lecture by Ray Kurzweil, Chicago, August 22

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**From:** Tim Tyler ([tim\\_at\\_tt1lock.org](mailto:tim_at_tt1lock.org))

**Date:** 07/31/04

Date: Sat, 31 Jul 2004 13:11:19 GMT

In sci.med.nutrition Rob Colby <[rrolby@go.com](mailto:rrolby@go.com)> wrote or quoted:

> [lagavril@yahoo.com](mailto:lagavril@yahoo.com) (*Leonid Gavrilov*) wrote in message  
news:<[5ad37781.0407161817.c754fd0@posting.google.com](mailto:5ad37781.0407161817.c754fd0@posting.google.com)>...

>> *Ray Kurzweil Ph.D., CEO & Founder of Kurzweil Technology, Wellesley,  
>> MA*

>> *(for more details see the Congress website at  
>> [http://www.worldhealth.net/event/conf\\_program.php](http://www.worldhealth.net/event/conf_program.php))*

>>  
>> *Ray Kurzweil is a legendary dynamo of human innovation. He's founded  
>> nine businesses in everything from speech recognition to artificial  
>> intelligence. Now Ray Kurzweil's restless mind is focused on human  
>> life.*

>  
> *No offense to the great designer but programming neural nets and using  
> fuzzy logic et al doesn't translate into expertise on human biology  
> and longevity. Even though I'm in medical school, until I've actually  
> treated someone professionally, I'm just an apprentice on the  
> journeyman road and not a doctor. Kurzweil, as a software designer,  
> should realize the same thing.*

Kurzweil has spent some time looking at nutrition.

Enough time to write a book about it anyway:

``The 10% Solution for a Healthy Life: How to Reduce Fat in Your Diet  
and Eliminate Virtually All Risk of Heart Disease and Cancer by  
Raymond Kurzweil''

– <http://www.amazon.com/exec/obidos/tg/detail/-/0517883015/>

>> *Immortality is just around the corner, according to Kurzweil. The  
>> super-charged convergence of biology, computing, and nanotechnology,  
>> he says, is about to radically extend human life. And it may be just a  
>> matter of a couple of decades, not centuries, before the human  
>> lifespan becomes essentially unlimited— not 100 but many centuries.*

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- >
- > *I have a feeling that biologists with some biomed/chemical engineering*
- > *(i.e. drug delivery and tissue engineering) experiences will be the*
- > *first to extend life into the healthy 130–180 years range before any*
- > *of this nanotech hype delivers on Drexler's promises.*

Could be. Kurzweil is sounding a bit optimistic to my ears.

The latest news on the life expectancy front:

``Aids reduces African life expectancy to 33''

``The Aids pandemic is ravaging countries in sub-Saharan Africa, drastically reducing life expectancy in some parts to less than 33 years, a new UN report said."''

– <http://news.independent.co.uk/world/africa/story.jsp?story=541516>

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