

Gluten Problems

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From: Softeng (*softeng_at_ihug.co.nz*)

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Hi there everyone, I am hoping I can get some help.

I have recently been tested for coeliac disease by my doctor after several years of ill-effects after eating, mostly related to drowsiness.

My results are now back and I wont be in to see my doctor for another three weeks so I was hoping I could get a general feel for what the results might mean.

They are as follows.

-----snip-----

Tissue Transglutaminase (tTg*) : 5 Units (0-20)

Gliadin IgG : 17 Units (0-20)

Gliadin IgA : 32 Units (0-15) *

Result Interpretations

The tTg IgA is negative.

The Gliadin IgG is negative

The Gliadin IgA is strongly positive.

* tTg has been identified as the epitope against which endomysial antibodies are directed.

-----snip-----

The doctor has said that these results are inconclusive and wants me to wait another three months and take the test again.

Can anyone please shed some light on these results. I thought that Gliadin IGA antibodies meant that my body didn't like having gluten fed to it???

Could this be causing my symptoms?

sci.med.nutrition: Gluten Problems

I am trying to establish whether I should try a GF diet for a week or two. It seems that when I try and restrict my diet , I get some very unfortunate side effects. I get very 'fragile', depressed e.t.c – its kind of scary.

Any help would be much appreciated.