

Re: More Bad News About Dairy

Source: <http://sci.tech-archive.net/Archive/sci.med.nutrition/2005-03/1094.html>

From: Robert (*RobertJ_at_hotmail.com*)

Date: 03/24/05

Date: Thu, 24 Mar 2005 00:38:28 -0800

"Pizza Girl" <nospam@4.me> wrote in message
news:1111636692.04d65334c63b3c0e2fb9b156f31cfd2@teranews...

> *Toxins cause "dis-ease"*

>

> *Milk puts millions of children into hospitals, needless operations,
> deafness, pneumonia and many other diseases each year. It is toxic!*

What isn't toxic according to your definition? Nobody would be able to eat anything.

You already have people giving their baby water and not milk.

>

> *If you don't believe me, ask the other 1000 million people that have
> experience with it.*

>

> "Robert" <RobertJ@hotmail.com> wrote in message

> news:z76dnU6-YZjGe9zfRVn-oQ@got.net...

>> *Please explain how it is a "toxin"?*

>>

>> "Laurie" <no@spam.com> wrote in message

>> news:4241d8e6\$1_3@alt.athenaneews.com...

>>>

>>> "George Lagergren" <gel44@earthlink.net> wrote in message

>>> news:fni0e.2979\$S46.896@newsread3.news.atl.earthlink.net...

>>>

>>>> *Please explain more why cow's milk is a toxin.*

>>>> *There are many issues, not all referring to toxicity:*

>>>> 1> *Cow milk is ideal for infant cattle, period. Not even adult
cows*

>>>> *drink it.*

>>>> *Since the infant bovine puts on ~600-1000 lb in the first year, its*

pro

>> *and*

>>> *Ca are much higher than human milk. There is no reason to believe
that*

>> *the*

>>> *human can digest nutrients at levels far higher than 'design'.*

>>>

> > > *pro fat Ca*
> > > *moo 3.3 3.7 119mg*
> > > *human 1 4.0 32*
> > >
> > > 2> *Much higher casein level and casomorphines. Casein is a good*
> *glue,*
> > > *responsible for the mucus, and casomorphines are responsible for some*
> *of*
> > *the*
> > > *addictive properties. [Drug your children with warm milk to make them*
> > > *sleep.]*
> > >
> > > 3> *Adult humans lose lactose–digesting enzymes when it is time to*
> *stop*
> > > *nursing (human milk) and get on with the solid foods.*
> > >
> > > 4> *All the hormones, growth stimulators, antibiotics, and other*
> > *chemicals*
> > > *applied to the cow, cow food, ...*
> > >
> > > 5> *Pasteurizing and homogenizing.*
> > >
> > > *Lots more at <http://notmilk.com/>*
> > >
> > > *Laurie*
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