

Re: studies on which weight-loss advice works best across all who read it?

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*Source:* <http://sci.tech-archive.net/Archive/sci.med.nutrition/2006-05/msg00330.html>

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- *From:* "Deni" <[denisekj@xxxxxxxxxxxxxxxxxxxxx](mailto:denisekj@xxxxxxxxxxxxxxxxxxxxx)>
  - *Date:* 28 May 2006 19:50:55 -0700
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We all need to make it easier for people to accept responsibility for their health and help!

Hello. My name is Denise and I have recently started my own home based business distributing Health products. I have learnt so much, about myself and others thought you might be interested too.

I am really excited about my new business venture and totally committed to helping others get the same incredible results.

Our programs can help people in 5 key areas:

- Weight loss of gain
- Shaping and toning up via body fat reduction
- Protection of general health and vitality improvement
- Enhancements of sports performance
- Cardiovascular protection

Log onto: [www.2b-the-best-heath.net/information](http://www.2b-the-best-heath.net/information)

Kind regards  
Denise

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