

Re: A calorie is NOT a calorie!

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- *From:* "TC" <tunderbar@xxxxxxxxxxxxx>
 - *Date:* 14 Jun 2006 21:07:44 -0700
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Jim Chinnis wrote:

The authors of your cite:

Holly R. Wyatt, M.D., Assistant Professor of Medicine, University of Colorado Health Sciences Center, Denver. Receives consulting fees from Ortho-McNeil, USANA, and GlaxoSmithKline. Receives speaker fees from Roche Laboratories, Abbott Laboratories, Slim-Fast, and Ortho-McNeil. (N. Engl. J. Med. 2003;348:2082-90)

James O. Hill, Ph.D., Professor of Pediatrics and Director, Center for Human Nutrition at the University of Colorado Health Sciences Center, Denver. Co-chair of the Clinical Advisory Board of the Grain Foods Foundation. (http://www.grainpower.org/hp_experts.asp; accessed 7/25/05) Member, Blue ribbon advisory board on health and wellness, PepsiCo. (http://media.corporate-ir.net/media_files/IROL/78/78265/presentations/121304.pdf; accessed 5/31/05) Member of the McDonald's Corporation Global Advisory Council on Healthy Lifestyles; formed to "help guide the company on activities that address the need for balanced, healthy lifestyles." (<http://www.mcdonalds.com/corporate/press/corporate/2003/05212003/>; accessed 6/23/03) Receives consulting fees from HealthTech, Johnson & Johnson, Procter & Gamble, and Coca-Cola. Receives speakers fees from Abbott Laboratories, Roche Laboratories, and Kraft Foods. Receives research funding from M&M Mars. (N. Engl. J. Med. 2003;348;2082-2090.) Member of the expert advisory board for the American Council for Fitness and Nutrition. (<http://www.acfn.org/about/advisory.html>; accessed 10/31/03) Research on weight management supported in part by Abbott Laboratories. (J. Amer. Coll. Nutr. 2001;20:26-31.) Member of the Foodfit.com advisory board. (<http://www.foodfit.com/about/advisoryBoard.asp>; accessed 11/11/00) Participated in a 3/25/99 panel assembled by the Sugar Association to inform New York magazine editors about obesity, calories, and activity. (Sugar Association's 1999 annual report, <http://www.foodingredientsonline.com>; accessed 03/30/99) Research on

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the role of carbohydrates in weight management was supported by the Sugar Association. (Letter from Sugar Association to USDA; on file with CSPI; 4/16/99) Research on using Orlistat for weight maintenance funded by Hoffmann-La Roche. (Am. J. Clin. Nutr. 1999;69:1108-16) Lead author of a study on olestra supported by a grant from Procter & Gamble. (Am J Clin Nutr. 1998;67:1178-85.) Co-wrote a 1998 report for ILSI on "Carbohydrates and weight management." Research on the effects of covert substitution of olestra for conventional fat on spontaneous food intake supported by Procter & Gamble. (Am J Clin Nutr. 1998;67:1178-85.)

Rena R. Wing, Ph.D., U. of Pittsburgh School of Medicine. Consultant to and received research support from Lilly Pharmaceuticals, is on Weight Watchers Advisory Board; has received research support from Ross Laboratories and ILSI. (Newark Star-Ledger, 2/17/97 notes Eli Lilly, WW)

about ILSI:

http://cspinet.org/integrity/nonprofits/international_life_sciences_institute.html

INTERNATIONAL LIFE SCIENCES INSTITUTE

Founded "in 1978 to work toward a safer, healthier world. ILSI is a worldwide foundation that is making a difference in public health by advancing the understanding of scientific issues related to nutrition, food safety, toxicology, and the environment. ILSI is governed by an Assembly of Members, which includes one representative from each of its more than 400 member companies, and an elected Board of Trustees of renowned scientists from academia and industry, all of whom volunteer their time and expertise. ILSI members represent the world's leading manufacturers of food and food ingredients, chemicals, pharmaceuticals, and other consumer products." (<http://www.ilsil.org/about/>; September 22, 2000) ILSI has branches in about a dozen other countries/regions.

In 2006, the World Health Organization excluded ILSI from WHO committees that set global standards for food and water supplies because of links between ILSI membership and funding from the commercial sector. (Clapp, Stephen. "ILSI excluded from WHO standard-setting activities," Food Chemical News, 2/13/06).

ILSI has received funding from the alcoholic beverage industry. (Addiction. 2001;96:197-202)

ILSI's fall, 1996, N.Y. Academy of Science conference on fat substitutes was funded in part by Procter & Gamble (Mother Jones, May/June, 1997, p.14).

Members of ILSI North America:

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Wm. Wrigley Jr. Company
(<http://www.ilsa.org/misc/NAassem.pdf>; accessed 4/11/06)

Take your food industry propaganda and shove it.

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TC

Talk about cherry picking.

—
Jim Chinnis Warrenton, Virginia, USA jchinnis@xxxxxxxxxxxxx

Excluding food industry mouthpieces as credible science is not cherry picking. It is separating the marketing from the science. If you don't separate the crap from the science, you will have a skewed understanding of nutrition. You might actually believe that sugar is harmless, that soy is a real food, or that calories are an accurate measure to use to predict weight loss or gain.

TC

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