

Re: A calorie is NOT a calorie!

# Re: A calorie is NOT a calorie!

---

*Source:* <http://sci.tech-archive.net/Archive/sci.med.nutrition/2006-06/msg00236.html>

---

- *From:* "TC" <[tunderbar@xxxxxxxxxxxx](mailto:tunderbar@xxxxxxxxxxxx)>
  - *Date:* 15 Jun 2006 10:52:34 -0700
- 

Jim Chinnis wrote:

"TC" <[tunderbar@xxxxxxxxxxxx](mailto:tunderbar@xxxxxxxxxxxx)> wrote in part:

Jim Chinnis wrote:

The authors of your cite:

Holly R. Wyatt, M.D., Assistant Professor of Medicine, University of Colorado Health Sciences Center, Denver. Receives consulting fees from Ortho-McNeil, USANA, and GlaxoSmithKline. Receives speaker fees from Roche Laboratories, Abbott Laboratories, Slim-Fast, and Ortho-McNeil. (N. Engl. J. Med. 2003;348:2082-90)

James O. Hill, Ph.D., Professor of Pediatrics and Director, Center for Human Nutrition at the University of Colorado Health Sciences Center, Denver. Co-chair of the Clinical Advisory Board of the Grain Foods Foundation.

([http://www.grainpower.org/hp\\_experts.asp](http://www.grainpower.org/hp_experts.asp); accessed

7/25/05) Member, Blue ribbon advisory board on health and wellness, PepsiCo.

([http://media.corporate-ir.net/media\\_files/IROL/78/78265/presentations/121304.pdf](http://media.corporate-ir.net/media_files/IROL/78/78265/presentations/121304.pdf); accessed 5/31/05) Member of the

Re: A calorie is NOT a calorie!

McDonald's Corporation Global Advisory Council on Healthy Lifestyles; formed to "help guide the company on activities that address the need for balanced, healthy lifestyles."

(<http://www.mcdonalds.com/corporate/press/corporate/2003/05212003/>;

accessed 6/23/03) Receives consulting fees from HealthTech, Johnson &

Johnson, Procter & Gamble, and Coca-Cola.

Receives speakers fees from

Abbott Laboratories, Roche Laboratories,

and Kraft Foods. Receives

research funding from M&M Mars. (N.

Engl. J. Med. 2003;348:2082-2090.)

Member of the expert advisory board for the

American Council for

Fitness and Nutrition.

(<http://www.acfn.org/about/advisory.html>;

accessed 10/31/03) Research on weight

management supported in part by

Abbott Laboratories. (J. Amer. Coll. Nutr.

2001;20:26-31.) Member of

the Foodfit.com advisory board.

(<http://www.foodfit.com/about/advisoryBoard.asp>;

accessed 11/11/00)

Participated in a 3/25/99 panel assembled by

the Sugar Association to

inform New York magazine editors about

obesity, calories, and activity.

(Sugar Association's 1999 annual report,

<http://www.foodingredientsonline.com>;

accessed 03/30/99) Research on

the role of carbohydrates in weight

management was supported by the

Sugar Association. (Letter from Sugar

Association to USDA; on file with

CSPI; 4/16/99) Research on using Orlistat

for weight maintenance funded

by Hoffmann-La Roche. (Am. J. Clin. Nutr.

1999;69:1108-16) Lead author

of a study on olestra supported by a grant

from Procter & Gamble. (Am J

Clin Nutr. 1998;67:1178-85.) Co-wrote a

1998 report for ILSI on

"Carbohydrates and weight management."

Research on the effects of

covert substitution of olestra for

conventional fat on spontaneous food

intake supported by Procter & Gamble. (Am

J Clin Nutr.

1998;67:1178-85.)

Re: A calorie is NOT a calorie!

Rena R. Wing, Ph.D., U. of Pittsburgh School of Medicine. Consultant to and received research support from Lilly Pharmaceuticals, is on Weight Watchers Advisory Board; has received research support from Ross Laboratories and ILSI. (Newark Star-Ledger, 2/17/97 notes Eli Lilly, WW)

\*\*\*\*\*

about ILSI:

[http://cspinet.org/integrity/nonprofits/international\\_life\\_sciences\\_institute.html](http://cspinet.org/integrity/nonprofits/international_life_sciences_institute.html)

#### INTERNATIONAL LIFE SCIENCES INSTITUTE

Founded "in 1978 to work toward a safer, healthier world. ILSI is a worldwide foundation that is making a difference in public health by advancing the understanding of scientific issues related to nutrition, food safety, toxicology, and the environment. ILSI is governed by an Assembly of Members, which includes one representative from each of its more than 400 member companies, and an elected Board of Trustees of renowned scientists from academia and industry, all of whom volunteer their time and expertise. ILSI members represent the world's leading manufacturers of food and food ingredients, chemicals, pharmaceuticals, and other consumer products." (<http://www.ilsil.org/about/>; September 22, 2000) ILSI has branches in about a dozen other countries/regions.

In 2006, the World Health Organization excluded ILSI from WHO committees that set global standards for food and water supplies because of links between ILSI membership and funding from the commercial sector. (Clapp, Stephen. "ILSI excluded from WHO

Re: A calorie is NOT a calorie!

standard-setting activities," Food Chemical News, 2/13/06).

ILSI has received funding from the alcoholic beverage industry.  
(Addiction. 2001;96:197-202)

ILSI's fall, 1996, N.Y. Academy of Science conference on fat substitutes was funded in part by Procter & Gamble (Mother Jones, May/June, 1997, p.14).

Members of ILSI North America:

3M Microbiology  
Ajinomoto U.S.A., Inc.  
Archer Daniels Midland Company  
BASF Corporation  
Campbell Soup Company  
Cargill, Incorporated  
CNS, Inc.  
The Coca-Cola Company  
Colgate-Palmolive Company  
ConAgra Foods  
CTI Foods  
Danisco USA, Inc.  
DSM Nutritional Products Inc.  
DuPont Haskell Laboratory  
General Mills, Inc.  
Gerber Products Company  
GlaxoSmithKline Research  
H.J. Heinz Company  
Hershey Foods Corporation  
International Flavors & Fragrances, Inc.  
Johnson & Johnson  
Kellogg Company  
Kraft Foods, Inc.  
Masterfoods USA  
McCormick & Company, Inc.  
McNeil Nutritionals  
Mead Johnson Nutritionals  
Monsanto Company  
National Starch and Chemical Company  
Nestlé USA, Inc.  
Novozymes North America, Inc.  
The NutraSweet Company  
Nutrinova, Inc.  
Ocean Spray Cranberries, Inc.  
The Pepsi-Cola Company  
Pfizer, Inc.

Re: A calorie is NOT a calorie!

The Proctor & Gamble Company  
Red Bull North America  
Renessen LLC  
Roche Vitamins, Inc.  
Ross Products Division/Abbott Laboratories  
Sethness Products Company  
Tate & Lyle North America  
Unilever Bestfoods North America  
Wm. Wrigley Jr. Company  
(<http://www.ilsa.org/misc/NAassem.pdf>;  
accessed 4/11/06)

\*\*\*\*\*

Take your food industry propaganda and  
shove it.

TC

Talk about cherry picking.

--

Jim Chinnis Warrenton, Virginia, USA  
jchinnis@xxxxxxxxxxxxx

Excluding food industry mouthpieces as credible science is not cherry picking. It is separating the marketing from the science. If you don't separate the crap from the science, you will have a skewed understanding of nutrition. You might actually believe that sugar is harmless, that soy is a real food, or that calories are an accurate measure to use to predict weight loss or gain.

TC

Who would be a credible person to report the makeup of the National Weight Control Registry? Would you require it to be a small-scale organic farmer with no ties to the food industry at all?

An independent researcher. And definitely not an industry shill with books to sell.

BTW, if you've lost weight and kept it off, you can join the registry at:  
<http://www.nwcr.ws/>

--

Jim Chinnis Warrenton, Virginia, USA jchinnis@xxxxxxxxxxxxx

Re: A calorie is NOT a calorie!

Re: A calorie is NOT a calorie!

I actually tried except the registration is set up so that you can't report that the method used to lose weight is by restricting carbs. Hardly conducive to seeking the truth.

TC

.