

Re: Phytonutrients: Superfood from the Ocean

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- *From:* "TC" <tunderbar@xxxxxxxxxxxxx>
 - *Date:* 19 Jun 2006 07:14:27 -0700
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Rick wrote:

Hi. I'm Rick and I have found this topic a fascinating look into a new (really very old) source of whole food nutrition.

Marine Phytoplankton provides a rare, complete food that provides the human body virtually all the raw materials it needs in one single source to produce healthy new cells and neuro-chemicals for the brain such as dopamine and serotonin.

Because it works at the deepest level of the cell, it seems to work for a wide variety of diseases and imbalances including chronic illnesses.

Phytonutrients in Marine Phytoplankton may exhibit potentially promising effects in human physiology:

General Nutrition – Contains ultra-potent lipids to enhance brain function

Cardiovascular Health – Supports a healthy heart

Cholesterol – Clinically tested to reduce cholesterol

Blood Sugars – Stabilizes blood sugar levels

Neurological Support – Mental alertness, ADHD, Parkinson's, and general dementia

Joint Health – Relieves pain and inflammation

Skin Care – Psoriasis & Dermatitis

Vision – More effective than Lutein

Liver Health – Supports a healthy liver

Sleep – Supports good sleeping habits

Energy – Increases energy

We offer new ideas, research and products to people who view preventative nutrition as a key to health. Video and research: <http://www.icandoitnow.com/plankton/NIF.html>

You have got to kidding. There is no way you can believe this crap.

If this is a "complete" food, please list each and every nutrient that

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it contains that makes it a complete food.

If it is complete, it must contain all of the essential nutrients we need in the optimal amounts. Give us a complete listing and the actual amounts that this "complete food" contains. If this is being sold as a food, there must be a food label or a lab analysis available. List it please. Otherwise take your spamming bullshit someplace else.

TC

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