

Re: Great things from the Color of Berries: From "Sham vs. Wham: The Health Insider"

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Source: <http://sci.tech--archive.net/Archive/sci.med.nutrition/2007-08/msg00086.html>

- *From:* BlackHawk96 <someone@xxxxxxxxxxxxxxxxxxxx>
 - *Date:* Thu, 09 Aug 2007 17:19:49 -0400
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On Thu, 26 Jul 2007 21:24:42 -0000, "D." <djensen36@xxxxxxx> wrote:

On Jul 26, 1:01 pm, Mark Thorson <nos...@xxxxxxx> wrote:

"D." wrote:

As in all supplement products, stick with major brand names and quality vendors. Better yet, buy the brands that are sold through your doctor or holistic healthcare practitioner.

Wrong, again. In the U.S., it's considered a violation of medical ethics for a doctor to sell supplements to his or her patients. It's a conflict of interest. If your doctor tries to sell you supplements, you need a new doctor.

This is something the spammer didn't tell you, because any suggestion that it would be unethical for a medical professional to sell supplements to patients is bad for the supplement companies, which the spammer would like to have as advertisers on his commercial blogspot website. Naturopaths, chiropractors, and other non-MD's are not bound by the same ethics and frequently do sell supplements.

You won't get the straight, accurate facts from the spammer, because he allows commercial interests to slant his poorly researched articles.

Yes, you are right, Mr. Troll. You caught me red-handed trying to sell blueberry skins out of the trunk of my car. Gosh darn it, how did you get so smart.

Well, Dave, I'm really glad to hear that you have finally repented and

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are going to change your EVIL ways! It's about time.
BlackHawk, hehe.

Maybe I spoke too soon, though, because obviously you aren't following the latest trends in medicine. One of the fastest growing sectors for nutritional dietary supplements, according to Nutraceutical World magazine, is the "doctor market." The marketplace of doctors who buy and sell supplements to their patients is "the fastest growing niche for the supplement industry." The good thing about buying supplements from a doc is that he or she is already familiar with your prescription medicine, and the "herb/drug interaction" problem becomes a non-issue. So many MD's buy supplements for their patients that there is an industry association that most of them belong to, the American Holistic Medical Association. They hold annual conventions in which MD's talk to other MD's about their thriving supplement businesses. Of course, the majority of MD's still don't do this, but it's definitely on the upswing and is not considered illegal or unethical by most of their peers (although there are probably a few old curmudgeons like yourself who would squawk about all these new-fangled changes in medicine).

By the way, Naturopaths and Chiropractors don't have lower ethical standards than MDs, they are just different. Different modalities of treatment. Just to give you an example, we have a small town of 10,000 here in Arizona where I live. Dr. Mikles and Dr. Adler, both MD's, are the main sources for people seeking a Medical Doctor. Both of them have dispensaries in which they offer their patients a variety of supplement products, generally tested by them personally and of the highest caliber. Then, we have three Chiropractors, and two Naturopaths as well. The Naturopaths can write prescriptions, and they are treated in the same way by the AZ state with regards to safety and ethical issues. Plus, both the Chiropractors and the Naturopaths ALSO sell supplements.

My guess is that you have an HMO for your medical needs, Mark, or you aren't using a holistic-minded practitioner. I'd suggest you look into that for your own healthcare . . . Someone who knows both Medicine, as well as Alternative healthcare approaches can offer you a much better "big picture view" of your options.

Dave