

# Omega-3 is NOT a Cancer or Heart-Disease Preventive

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*Source:* <http://sci.tech-archive.net/Archive/sci.med.nutrition/2008-02/msg00090.html>

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<http://jama.ama-assn.org/cgi/content/abstract/295/4/403>

<http://www.bmj.com/cgi/content/abstract/332/7544/752>

These cover much more research than the "nurses study" frequently cited here ...

Taka

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