

Re: Omega-3 is NOT a Cancer or Heart-Disease Preventive

Source: <http://sci.tech-archive.net/Archive/sci.med.nutrition/2008-02/msg00095.html>

- *From:* ironjustice <teamtanner@xxxxxxxxxxxx>
 - *Date:* Fri, 8 Feb 2008 05:51:53 -0800 (PST)
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On Feb 8, 12:43 am, Taka <taka0...@xxxxxxxx> wrote:
Omega-3 is NOT a Cancer or Heart-Disease Preventive Options <<

Plant omega 3 and animal omega 3 .. ?

You still don't think there is any difference between the two .. ?

And WHEN .. in .. this fictitious scenario of .. yours .. the actual .. "breaking down of fish oil into its' different constituents" .. IS this EVER going to happen .. ?

Maybe if you live in the Western world where they CAN breakdown fish oil into its' various different oils .. will you EVER be able to test this ..

Sooo .. maybe you should say .. fish oil .. or plant oil .. but never say .. omega 3 because .. ? ..

Omega 3 just doesn't .. happen .. in real life ..

We are in a 'nutrition' group though.

I suppose the pharmaceutical end / breakdown of a natural product into its' various parts .. might be .. pertinent .. but to .. whom .. ?

Pharmaceutical / nutraceutical developers .. but to the common man .. ?

Fish oil versus plant oil .. THAT is the ONLY scenario in REAL life ..

Imho ..

Who loves ya.
Tom

Jesus Was A Vegetarian!

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<http://jesuswasavegetarian.7h.com>

Man Is A Herbivore!

<http://tinyurl.com/a3cc3>

DEAD PEOPLE WALKING

<http://tinyurl.com/zk9fk>