

## Re: Help! Dr.pressuring me to have biopsy

**Source:** <http://sci.tech-archive.net/Archive/sci.med.prostate.prostatitis/2004-08/0007.html>

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**From:** MisterSkippy (MisterSkippy\_no\_spam\_\_at\_optonline.net)

**Date:** 08/03/04

Date: Tue, 03 Aug 2004 23:36:04 GMT

On Thu, 29 Jul 2004 16:29:21 GMT, MisterSkippy  
<MisterSkippy\_no\_spam\_@optonline.net> wrote:

>On Wed, 28 Jul 2004 20:06:36 GMT, MisterSkippy

><MisterSkippy\_no\_spam\_@optonline.net> wrote:

>

>>On 28 Jul 2004 11:53:01 -0700, tenzzi@ragingbull.com (tenzzi) wrote:

>>

>>>MisterSkippy <MisterSkippy\_no\_spam\_@optonline.net> wrote in message  
news:<9uldg017lg5vhsn96v50js1t3q7e827vmt@4ax.com>...

>>>> On 26 Jul 2004 13:27:48 -0700, tenzzi@ragingbull.com (tenzzi) wrote:

>>>>

>>>> >.I guess that I'm new to the

>>>> >protstatitis game and don't know what to do....can anyone please

>>>> >ouncel me on the wisdom of having a biopsy done ? I'm afriad that

>>>> >this intrusive test might make things worse, AND even IF I had cancer

>>>> >I would almost certianly not opt for surgery,chemo, nor

>>>> >radiation.....so I wonder what the point would be...thanks greatly to

>>>> >anyone who could shed some light on this predicament...tenzzi PS..my

>>>> >psa was 2 3yrs ago, 5.1 6 months ago, 6.2 3months ago, and 7.0 2

>>>> >weeks ago.....I have all the symptoms of prostatitis,( and my regular

>>>> >Dr agrees, but says he does not know what to do about it).....the

>>>> >urologist does not even seem to want to discuss prostatitis.....all he

>>>> >can seem to think about is Cancer...and tell me that the option to

>>>> >treatment is death....he seemed disgusted with me today when I would

>>>> >not agree to a biopsy right away.... also what it is worth he

>>>> >insisted the same thing when I kept telling Drs that I had a hernia 3

>>>> >yrs ago.....turned out I was right, but he had pressured me then to

>>>> >have a biopsy.....he says my prostate is about the size of a lemon

>>>> >and one side of my prostate is Boggy and the otherside is hard as a

>>>> >rock....he said the hardness would NOT be prostatitis

>>>> > would anyone be kind enough to share some thoughts on this with

>>>> >me, I sure would appreciate it ...as going against the Drs alone is

>>>> >tough.....thanks..10-Z

>>>>

>>>> I think your uro is being straight with you. If you do have PCa and

>>>> have any intention of doing anything about it you need to get moving,

>>>> at least with a biopsy. Your PSA went up too far too fast to be

>>>> ignored. The fact that your prostate is not smooth and symmetrical is  
>>>> also a cause for some concern.  
>>>> My PSA was always under 1.9 but rose to 4.2 in January, down to 1.4  
>>>> upon retest in March. and up to 4.3 last week. I'm getting the biopsy  
>>>> Thursday based upon my uro's advice. My PSA jump is probably due to a  
>>>> couple of bitching bouts of prostatitis recently but why take the  
>>>> chance. The biopsy isn't that bad I am told. My brother has had a  
>>>> couple of them for the same reason. He survived them and he's a pussy.  
>>>> You'll do as you see fit, of course, but I see no reason to tempt fate  
>>>> about a condition which is more or less curable if attended to in a  
>>>> timely manner.

>>>> FWIW

>>>> YMMV

>>>> DFB

>>>

>>>,

>>>I was hoping to hear from someone who would say "Nah,

>>>sounds MUCH more like prostatitis than cancer....just

>>>take some herbs and see what happens...!

>>> My age is 57.....but you mention the psa

>>>rise..doesn't prostatitis cause psa to rise sharply ..?

>>> Can't prostatitis cause a hard prostate or is it only

>>>a "boggy" prostate that is caused by prostatitis..?

>>>all my symptoms including the psa rise began all at

>>>once when I got a really hideous cold....these symptoms

>>>began just as the cold was clearing up.....testicle

>>>pain, burning on urination and ejac, frequency, general

>>>pain and discomfort below the belt, butt hurting, ED,

>>>very low sperm volume.....most of the pain went

>>>right away when I began taking antibiotic, but the most

>>>of the other things persist including and intolerable

>>>backache....anyone have any thoughts..? does the fact

>>>that the symptoms came on with a cold AND responded

>>>quickly to ABX give me sufficient reason to

>>>realistically hope that this is NOT cancer,, but infact

>>>an infection in the prostate.....???

>>> Hate to sound so "needy", but the Drs, son't seem to

>>>be willing to devote a great deal of time to talking to

>>>me about this...any thoughts would be appreciated...10-Z

>>

>>Sorry that I can't agree with you and tell you what you would wish to

>>hear. It's true that prostatitis can cause a PSA rise but you had a

>>rather substantial rise over a short time period. Anything over 2

>>points in a year is a warning bell.

>>You mentioned that you have no intention of seeking any treatment

>>should it turn out that you have PCa. That is your right. I am of the

>>opinion that it is best to have all the facts before making such a

>>decision, otherwise one is just whistling in the dark.

>>I'm a year older than you and over the years many things have tried to

>>take my life such as accidents, a mugger, and the NVA. They didn't

>>succeed and tomorrow I get a biopsy to make sure PCa doesn't do the

>>job if I can help it.  
>>It is possible to have both prostatitis and PCa. They are not  
>>incompatible conditions. The fact that the ABX helped the prostatitis  
>>symptoms is typical. Also typical is a recurrence of symptoms after  
>>stopping the ABX. I don't think you can infer from the success of the  
>>ABX that your DRE result and PSA numbers are due to prostatitis.  
>>Hopefully they are, but the downside to guessing wrong is too  
>>significant to test.  
>>Your doctors spent as much time with you regarding the prostatitis as  
>>they had advice to give. Doctors don't seem to like to admit they are  
>>stymied and with prostatitis they are. Nobody has a real handle on  
>>the cause or cure. For most of us it seems to come and go then come  
>>back again, ABX or not. I've been following this group for years and I  
>>don't think there are any reports of "cures" that can be duplicated.  
>>I've tried them all.  
>>In your place, which I am, I'd heed your uro's advice. At least then  
>>you will know where you stand.  
>>PCa is serious disease but not a death sentence. Check out  
>>sci.med.prostate.cancer in the newsgroups. You can find a lot of  
>>resources there to educate yourself further.  
>>I'm not a doctor. I'm a decorating contractor with a sore prostate who  
>>intends to find out if he has another problem and deal with it as  
>>necessary.  
>>FWIW  
>>YMMV  
>>DFB  
>>  
>>For email remove "\_no\_spam\_"  
>  
>I'm going to follow-up on my previous post. I just came back from the  
>biopsy and, while certainly less fun than a day at the beach, it  
>wasn't as bad as I anticipated. There was certainly some discomfort  
>but nothing that I would classify as pain. FWIW, while the doc was  
>back there messing around with the various tools of the trade I said  
>to him, "Does this mean we're engaged?" I thought the ultrasound tech  
>was going to wet his pants laughing.  
>You really have nothing to fear about going for a biopsy. It just  
>isn't that bad. I'll get final results Tuesday and will post them for  
>you.  
>FWIW  
>YMMV  
>DFB  
>For email remove "\_no\_spam\_"

Well, I'm going to follow up on my own post. No prostate cancer, per se, but something called PIN, Prostatic Intraepithelial Neoplasia, which apparently may be a precursor to PCa. Uro wants me to take 400 units vitamin E and 250 mcg of selenium daily. Apparently there is some possibility this may head off further developments. I checked VitaminShoppe.com and they have this exact formulation in gel cap form. What the hell. I don't suppose it can hurt. If it makes my

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johnson fall of , I'll post back. If not, I'll post back in 6 months  
after my next trip around the block.

Tenzzi, if you are seeing this, don't get thee to a nunnery, get thee  
to thine uro!

FWIW

YMMV

DFB

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